

5-HTP Serenity naturally converts into serotonin, which helps your body relax, for a better sleep, improved mood and memory, and an overall calm and serene body.*



Improves
Mood and
Positive
Outlook*



Relieves
Depression
Anxiety
& Stress*



Raises
Natural
Serotonin
Levels*



Promotes
Healthy
Brain
Functions*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NON
GMO

GMP/
FDA
APPROVED
FACILITY

UL
CERTIFIED
FACILITY

Dairy,
Gluten,
Egg &
Nut
FREE

ForestLeaf



Promotes Healthy Serotonin Levels*

100
MG

5-HTP SERENITY

RELAXATION & MOOD SUPPORT

90 Vegetable
Capsules

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsules • Servings Per Container: 90

	Amount Per Serving	% Daily Value
Vitamin B6 (pyridoxine hcl)	10mg	500%
5-HTP (Griffonia Simplicifolia Seed)	100mg	*

* Daily value not established - DV based on a 2,000 calorie diet.

Other Ingredients: Vegetable Cellulose (capsule), Microcrystalline Cellulose, Magnesium Stearate and Silicon Dioxide.



5-HTP supports a stable and healthy appetite control, and promotes weight loss.

SUGGESTED USE: As a dietary supplement, adults take 1 capsule once to twice daily, preferably on an empty stomach, or as directed by your healthcare professional.

CAUTION: Keep out of reach of children. If you are pregnant, nursing, or taking any prescription medicine, consult your physician before taking this product. Store in a cool, dry place.

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