When developing Everyday Amino", we looked at what was required in a continual use recovery and endurance product and added nothing more Devoid of common amino fillers such as olycine and alanine. Everyday Amino" packs 3.5 grams of nremium AminoRiast® branched chain amino acids. in a 5:1:1 ratio for recovery and one gram of fructooligosaccharide (FOS) dietary fiber for digestion

Everyday Amino" usage: Mix one serving in 8 oz. of cold water in a shaker or glass. For an anytime flavor splash, mix one serving in your water and enjoy as needed. If necessary, you may adjust the water level to achieve your desired level of sweetness and flavor.

WARNING: Everyckey Amino" is intended only for healthy adults over the age of 18. Do not use if you are currently precinant or nursing, could be pregnant, or are attempting to become pregnant. Consult a licensed healthcare practitioner before using this product. Discontinue use and contact a ricctor immediately if you experience an immediaor rapid heart beat, chest pain, shortness of breath dizziness. lightheadedness, fainting or presyncope, tremors, headache, nausea, or other similar symp-If you are a performance athlete please check with your sanctioning body prior to use to

ensure compliano by the Food and Drug Administration. This

product is not intended to diagnose, treat, cure or prevent any disease.

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SUPPLEMENT SAFEL

Amount Per Serving

Carbohydrates

Dietary Fiber

Supplement Facts

Serving Size: 7g (Approximately 1 scoop