

Perfect Supplements

Perfect Coconut Oil is pure, extra-virgin, unrefined, organic, cold-pressed coconut oil. It is made from only the freshest coconuts which have NOT been grown or processed with any chemicals. Perfect Coconut Oil is loaded with healthy medium chain fatty acids, including lauric acid*

Suggested Use: Take two (2) softgels 20 minutes before breakfast and lunch.

Warning: Keep out of the reach of children.

This product has been Certified Organic by Organic Certifiers, Inc under NOP Final Rule 7, CFR Part 205. www.organiccertifiers.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Manufactured in the USA for:
Perfect Supplements, LLC
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www.perfectsupplements.com



**Extra Virgin • Unrefined
Cold-Pressed • Grown Organically
Dietary Supplement • 120 Softgels**



Supplement Facts

Serving Size: 4 softgels

Servings Per Container: 30

Amount Per Serving	% Daily Value *
Calories	36
Calories from Fat	36
Total Fat	4 g 6.2
Saturated Fat	3.5 g 17.5
Polyunsaturated Fat	0.3 g
Monounsaturated Fat	0.1 g
Trans Fat	0 g
Cholesterol	0 g 0
Sodium	0 g 0
Total Carbohydrates	0 mg 0
Protein	0 mg 0

Organic Extra Virgin
Coconut Oil 4000mg†

† Percent Daily Value not established

* Percent Daily Value based on a 2000 calorie diet

Other Ingredients: Gelatin

Fatty Acid Profile

C8:0	Caprylic Acid	5.9%	C16:0	Palmitic Acid	9.3%
C10:0	Capric Acid	5.7%	C18:0	Stearic Acid	4.0%
C12:0	Lauric Acid	49.0%	C18:1	Oleic Acid	5.4%
C14:0	Myristic Acid	19.6%	C18:2	Linoleic Acid	0.8%

Fatty Acid Percents may vary slightly by batch based on natural variations in Coconut Oil content of each batch.