

MEN'S

DAILY NUTRITIONAL SYSTEM™

BUILDING BLOCKS OF A HEALTHY LIFESTYLE

DIRECTIONS:

Adults take one packet of supplements daily.
For best results, take after a full meal with water or juice.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE. IF UNDER THE CARE OF A PHYSICIAN, CONSULT PHYSICIAN BEFORE TAKING ANY SUPPLEMENTS.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION (FDA). THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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With the hectic lifestyles of today it is a challenge to maintain proper nutrition. Your good health is too important to risk so the Men's Daily Nutritional System was developed. Combined in one convenient packet are the essential vitamins and minerals necessary to meet a man's daily nutritional requirements. Scientifically formulated for effective release, the Men's Daily Nutritional System has been designed for maximum absorption. It's that simple: Men's Daily Nutritional System, the building blocks of a healthy lifestyle.

MEN'S

DAILY NUTRITIONAL SYSTEM™

BUILDING BLOCKS OF A HEALTHY LIFESTYLE



PROTECT the cardiovascular system
SUPPORT a healthy immune system
PROMOTE your ability to cope with stress
MAINTAIN a healthy prostate function

DIETARY SUPPLEMENT

30 PACKETS 5 CAPSULES PER PACKET



Supplement Facts

Serving Size 5 Capsules

	Amount Per Serving	%Daily Value
Vitamin A (50% in beta carotene)	5000 IU	100%
Vitamin C (as ascorbic acid)	1000 mg	1667%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl acetate)	400 IU	1333%
Vitamin K (as phytonadione)	25 mcg	31%
Vitamin B1 (as thiamine mononitrate)	20 mg	1333%
Vitamin B2 (as riboflavin)	20 mg	1166%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine HCl)	25 mg	1250%
Folate (as folic acid)	600 mcg	150%
Vitamin B12 (as cyanocobalamin)	25mcg	417%
Biotin	30 mcg	10%
Vitamin B5 (as calcium pantothenate)	20 mg	200%
Calcium (as calcium carbonate and dicalcium phosphate)	665 mg	67%
Phosphorus (as dicalcium phosphate)	100 mg	10%
Magnesium (as magnesium oxide)	320 mg	80%
Zinc (zinc oxide)	22 mg	68%
Selenium (as sodium seleninate)	200 mcg	200%
Copper (as copper chelocysteine)	2 mg	100%
Manganese (as manganese citrate)	2 mg	100%
Chromium (as chromium nicotinate)	100 mcg	83%
Chloride (as potassium chloride)	72 mg	2%
Potassium (as potassium chloride)	80 mg	2%
Citrus Bioflavonoid Complex (standardized to 50% flavonoids/citrus apocynoside)†	50 mg	*
Saw Palmetto (standardized to 25% sterols (Serratol apocynoside)†	40 mg	*
Grape seed (standardized to 95% proanthocyanidin (Vitis vinifera)†	10 mg	*
Eleuthero (Eleutherococcus senticosus) root	10 mg	*
Camifoline (as Acetyl-L-Carnitine)	10 mg	*
Boron (as boron amino acid chelate)	2 mg	*
Lycopene (Lycopodium obscurum)† from tomatoes	2 mg	*
Lutein (crystalline lutein)† from marigold flowers	1 mg	*

*Daily Value (DV) not established

Other Ingredients: Gelatin, Silicon Dioxide, Magnesium Stearate