



Perfect MCT Oil - The perfect source of 100% Organic Medium-Chain Triglycerides (MCTs) from 100% Organic Coconuts (grown with NO toxic herbicides, pesticides, or GMOs). Contains 100% Organic MCTs with absolutely no other ingredients (NO cheap fillers, questionable additives, preservatives, or GMOs).

Perfect MCT Oil provides a pure and fast energy boost for your body and brain.[†]

MCTs are healthy fatty acids that are quickly burned by the body for energy and fuel, rather than being stored as fat. While most fats need to be processed through the digestive system, MCTs are quickly processed in the liver and easily absorbed as a source of fast and sustainable energy for your entire body.[†]

If you are following a Keto or Paleo lifestyle and looking for a pure source of caprylic acid (C8) and capric acid (C10) that is organic, sustainable and ethically sourced, then Perfect MCT Oil is the perfect choice![†]

- No Palm Oil • No Chemicals • No GMOs
- No Soy • No Hexane • No Trans Fats
- No Gluten • No Dairy • No Fillers

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for: Perfect Supplements, LLC
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Certified Organic by
Pro-Cert Organic Systems, Ltd.



100% Organic Coconut MCTs
Unflavored



MEDIUM-CHAIN
14 GRAMS PER SERVING
TRIGLYCERIDES



Perfect in



SMOOTHIES



COFFEE



COOKING



DRESSING

Supplement Facts

Serving Size: 1 Tablespoon (15ml)

Servings Per Container: 59

	Amount Per Serving	% Daily Value
Calories	130	
Calories from Fat	130	
Total Fat	14 g	22% *
Saturated Fat	14 g	70% *
Trans Fat	0 g	**
Polyunsaturated Fat	0 g	**
Monounsaturated Fat	0 g	**
Cholesterol	0 g	0%
Medium Chain Triglycerides	14 g	**
C8:0 Caprylic Acid	9 g	**
C10:0 Capric Acid	5 g	**

* Percent Daily Value based on a 2000 calorie diet

** Percent Daily Value not established

Ingredients: 100% USDA Organic MCT Oil from Non-GMO, Sustainably Sourced Coconut Oil

Suggested Use: Take 1 tablespoon (15 mL) as needed (maximum 3 tablespoons per day). Start slowly as excessive MCT Oil can cause digestive issues. Goes great in smoothies, hot drinks, cooking (below 320°F) and salad dressing.

No refrigeration required. Store in a cool, dry place.

Allergen Warning: Contains Tree Nuts (Coconut).

Caution: Avoid styrofoam because all MCT Oils may react with the oils in styrofoam. Avoid heating above 320°F (MCT Oil smoke point). Check with your doctor before starting any new supplement.

Product of Singapore



BATCH
TESTED

Dietary Supplement • Net Wt. 30 FL OZ (887 mL)