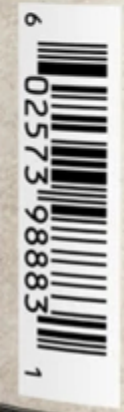
Movement For Every Body

Mwendo™ is the single formula solution to managing the health and function of our joints, ligaments, tendons and soft tissue. Mwendo™ works in three ways:

- Increases Osteoblast activity and soft tissue extensibility†
- Decreases inflammation, muscle soreness and recovery time†
- Strengthens joints, ligaments and tendons†



WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

AMBROSIA NUTRACEUTICALS
Costa Mesa, CA 92627 · 1.800.971.4318
AmbrosiaCollective.com

All Ambrosia Products Are Manufactured In A Certified cGMP Facility

AMBROSIA

Mwendo™

JOINT & LIGAMENT REPAIR†

DIETARY SUPPLEMENT
90 CAPSULES

Supplement Facts

Serving Size: 3 capsules Servings Per Container: 30

	Amount Per Serving	%DV*
BioCell Collagen® (chicken sternal cartilage extract)	1000mg	†
VitaCherry® Whole Tart Cherry extract (Prunus Cerasus) (Fruit)	600mg	†
Cissis quadrangularis extract (whole plant) [std. to 20% ketosterones]	500mg	†
Peractin® (Bioactive 14-Neo-Andro Compound Andrographis paniculata extract) (leaf)	150mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established

SUGGESTED USE:

DAILY MAINTENANCE DOSAGE:
Take 3 capsules 30 minutes before bed with a glass of water.

JOINT HEALTH JUMPSTART DOSAGE:
In addition to evening dosage, take 3 capsules along side lunch or mid-day meal with a glass of water.

Other Ingredients: Hypromellose (capsule), Microcrystalline Cellulose (plant fiber), Magnesium Stearate (vegetable source), Silicon Dioxide

BioCell Collagen® is a registered trademark of BioCell Technology LLC, Newport Beach, CA USA (Protected by Patents)

VitaCherry® is a trademark of IOF FutureCeuticals, Inc., used under license

ParActin® is the registered trademark of HP Ingredients

For complete body health optimization, combine with other Ambrosia formulations:

- **Nektar™** Liver, Kidney & Heart Health†
- **Mental Jewels®** Cognitive Function†
- **Night Owl™** Blue Light Shield†
- **Ritual-AM™** Morning Bio-Hacking Formula†
- **OS™** Immune System & Recovery Support†