

Konjac Glucomannan is a water-soluble polysaccharide with hygroscopic properties and is considered a dietary fiber. The dry powder swells into bulky fiber in water, absorbing up to 50 times its weight while in water. Glucomannan's principal use is as a bulking agent to promote the feeling of fullness or satiety, thereby helping to manage food intake. Glucomannan might work in the stomach and intestines by absorbing water to form a bulky fiber which treats constipation.*

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of the reach of children.

Do not use if safety seal is broken or missing.

Keep in cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



NOVA[®]
NUTRITIONS

Konjac Root Glucomannan

Supports Weight Management
& Healthy Cholesterol Level*

2000 MG

180 Veggie
Capsules

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 3 Vcaps

Serving Per Container: 60

	Amount Per Serving	% Daily Value
Konjac Root (Glucomannan) (from Amorphophallus Konjac root)	2000 mg	**

**Daily Value not established.

OTHER INGREDIENTS: Vegetable Cellulose (Vegetable Capsule), Silica, Vegetable Stearate, Microcrystalline Cellulose.

SUGGESTED USE: As a dietary supplement, take 3 veggie capsules daily with food and an 8 oz glass of water or as directed by your qualified health care professional.

FREE OF: Artificial Color, Preservatives, Sugar, Starch, Milk, Corn, Gluten, Wheat, Yeast, Fish.

Manufactured for Nova Nutritions,
Scotch Plains, New Jersey 07076
www.novanutritions.com
Lot# Exp:

