Black Cumin seeds (Nigella sativa), also known as black seeds is carefully harvested and extracted with a cold-press method to ensure our oil is of the highest standards. Our Black Cumin Seed Oil is rich in naturally-occurring active constituents, including: Whimum 0.95% thymoquinone (TQ) which has anti-oxidant and anti-inflammatory properties therefore serves numerous health benefits when used regularly.*

SUGGESTED USE: As a dietary supplement, take one (1) softgel, 13 times daily or as directed by your qualified health care molessionals.

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse meations occur.

Keep out of the reach of children.
Do not use if safety seal is broken or missing.
Keep in cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





(Black Cumin Seed)

Healthy Immune Function & Inflammatory response*

500 MG

90 Softgels

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel	Serving Per Container: 90	
	Amount Per Serving	% Dail Value
Calories	9	**
Calories From Fat	9	**
Total Fat	1 g	1.5%
Saturated Fat	0.2 g	<1%
Black Cumin (Seed) Oil	1,000 mg (1 g	
Unrefined, Cold-Pressed, Virgin Nigelia Sa	ntiva Seed Oil	/ 11/Q
(Contains up to 0.95% naturally occuring	Thymoquinone).	
Omega-3 0.2% Omega-6 58.9% Omega-	9 24.1%	

^{**} Daily Value not established.

OTHER INGREDIENTS: Gelatin (Capsule), Glycerin (Vegetable), Purified Water.

FREE OF: Artificial Color, Preservatives, Sugar, Starch, Milk, Com, Gluten, Wheat, Yeast, Fish.

Manufactured for Nova Nutritions, Scotch Plains, New Jersey 07076 www.novanutritions.com Lot# Exp:





[†] Percent Daily Values are based on a 2,000 calorie diet.