

Recommended Dose: Take 1 capsule daily with a meal, a few hours before or after taking medications or other supplements, or as recommended by your health professional.

Warning: If you are pregnant or lactating, do not use. If you have any health condition or are taking any medication, consult your health professional before use. Consumption with alcohol, drugs or other supplements with sedative properties is not recommended. Some people may experience drowsiness. Exercise caution if operating heavy machinery, driving a motor vehicle or involved in activities requiring mental alertness. If hypersensitivity occurs, discontinue use.

Keep out of the reach of children. Use only if safety seal is intact. Store in a cool, dry place.

¹ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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Manufactured for
Seroyal USA
Pittsburgh, PA 15275
1-888-737-6925
seroyal.com



GENESTRA
BRANDS®

LSP

Dietary Supplement

*Mineral and herbal formula to support
relaxation and sleep¹*

120 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings per Container 120

	Amount Per Serving	% DV
Calcium (as calcium citrate)	70 mg	5%
Magnesium (as dimagnesium malate)	70 mg	17%
Passionflower (<i>Passiflora incarnata</i>) Aerial Parts Extract (4-6:1) 100-150 mg Dried Equivalent	25 mg	*
Lemon Balm (<i>Melissa officinalis</i>) Herb Top Extract (4-6:1) 100-150 mg Dried Equivalent	25 mg	*
Chaste Tree (<i>Vitex agnus-castus</i>) Fruit Extract (7-10:1) 105-150 mg Dried Equivalent	15 mg	*

* Daily value (DV) not established

Other ingredients: Hypromellose, ascorbyl palmitate, silica