

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

Amount Per Serving		% DV
Thiamin (as Thiamine HCl)	50 mg	4,167%
Riboflavin	50 mg	3,846%
Niacin	100 mg	625%
Vitamin B6 (as Pyridoxine HCl)	50 mg	2,941%
Folate [as L-Methylfolate (L-5-MTHF)]	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	1,000 mcg	41,667%
Biotin	400 mcg	1,333%
Pantothenic Acid	100 mg	2,000%

Organic Proprietary Blend	360 mg	*
Apple Fruit [†] , Beet Root [†] , Broccoli Head [†] , Carrot Root [†] , Spinach Leaf [†] , Kale Leaf [†] , Tomato Fruit [†] , Strawberry Fruit [†] , Tart Cherry Fruit [†] , Blackberry Fruit [†] , Bell Pepper Fruit [†] , Brussels Sprout [†] , Blueberry Fruit [†] , Ginger Root [†] , Garlic Bulb [†] , Onion Bulb [†] , Red Raspberry Fruit [†] , Parsley Leaf [†] , Cauliflower Flower [†] , Cabbage Leaf [†] , Cucumber Fruit [†] , Celery Stalk [†] , Asparagus Root (4:1) [†]		

Enzyme Blend	25 mg	*
Lipase (from <i>Aspergillus niger</i>), Protease, Bromelain (from Pineapple), Phytase, Papain, Peptidase, Lactase		

Probiotic Blend	1 Billion CFU	*
<i>L. acidophilus</i> (vegan source), <i>B. bifidum</i> , <i>S. thermophilus</i> , <i>L. casei</i> , <i>L. plantarum</i>		

* Daily Value (DV) not established † Organic Ingredient

Other Ingredients: Vegetable Cellulose Capsule

NutraFitz
Naturals

WHOLE FOOD B-COMPLEX

High Potency, Bio-Active B Vitamins

With Pure L-Methylfolate

- Supports Energy & Metabolism/
Nervous System/Immune System*
- Supports Healthy Skin,
Hair & Eyes*
- Probiotics &
Digestive Enzymes*
- All Vegan



SUGGESTED USE: Take 2 capsules daily, preferably with a meal, or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant and nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before taking this or any dietary supplement.

No GMO, meat, dairy, eggs, wheat, gluten, soy, nuts, shellfish, binders & fillers, coloring, preservatives, gelatin, yeast.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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DIETARY SUPPLEMENT // 120 CAPSULES

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