

**NOVA**<sup>®</sup>  
NUTRITIONS

# CoQ10

Promotes Cellular Energy &  
Healthy Heart Function\*

200 MG

120 Capsules

DIETARY SUPPLEMENT

Coenzyme Q10 (CoQ10) is a fat-soluble, vitamin-like compound found in every cell of the body. It's used by the mitochondria ("power plants") of cells to produce energy. CoQ10 is found in highest concentration in cells of organs that require large amounts of energy, such as the heart. CoQ10 also functions as a powerful antioxidant.\* Antioxidants help protect cells from free radical damage. Free radicals are harmful compounds generated during normal body processes, such as breathing and digestion, but also upon exposure to environmental influences such as UV sunlight and smoke. Free radicals attack healthy cells, damaging their membranes, DNA and other components, compromising normal cell function.\*

**Keep out of the reach of children.**

**Do not use if safety seal is broken or missing.**

**Keep in cool, dry place.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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## Supplement Facts

Serving Size: 1 Capsule

Serving Per Container: 120

	Amount Per Serving	% Daily Value
CoEnzyme Q10 (Ubiquinone)	200 mg	**

\*\*Daily Value not established.

**OTHER INGREDIENTS:** Gelatin (Capsule), Rice Flour, Vegetable Stearate.

**SUGGESTED USE:** As a dietary supplement, take one (1) capsule one to two times daily, preferably with meals.

**CAUTION:** For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**FREE OF:** Artificial Color, Preservatives, Sugar, Starch, Milk, Corn, Gluten, Wheat, Yeast, Fish.

Manufactured for Nova Nutritions,  
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[www.novanutrition.com](http://www.novanutrition.com)

Lot#

Exp:

