

Choline, a member of the B Complex, is a component of cell membranes and provides key support for optimal cellular function. It is involved in the chemistry of the brain, where it is used to synthesize acetylcholine, a critical neurotransmitter required for brain function. It also promotes normal fat metabolism and provides liver support.*

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of the reach of children.

Do not use if safety seal is broken or missing.

Keep in cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NOVA[®]
NUTRITIONS

Choline

Promotes Cognitive Function
& Healthy Metabolism*

650 mg

180 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

Serving Per Container: 180

	Amount Per Serving	% Daily Value
Choline (From 650 mg of Choline Bitartrate)	265 mg	48%†
** Daily Value not established.		

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate, Silica, Pharmaceutical Glaze.

SUGGESTED USE: As a dietary supplement, take one (1) tablet twice daily, preferably at mealtime, or as directed by your qualified healthcare professional.

FREE OF: Artificial Color, Preservatives, Sugar, Starch, Milk, Corn, Gluten, Wheat, Yeast, Fish.

Manufactured for Nova Nutritions,
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Lot#

Exp:

