Melatonin is a supplement that works in harmony with your natural sleep cycle to support a sound, tranquil sleep so you can awaken refreshed. Melatonin is an excellent choice for people experiencing occasional sleeplessness, those experiencing jet lag, or anyone who just wishes to improve the quality of their

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week.

Keep out of the reach of children.
Do not use if safety seal is broken or missing.
Keep in cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





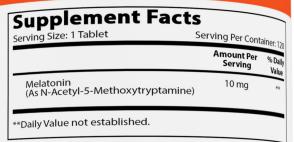
Melatonin

Promotes Healthy Sleep Cycle & Calmness*

10 mg

120 Tablets

OLETARY SUPPLEMENT



OTHER INGREDIENTS: Dicalcium Phosphate, Cellulose, Silica, Vegetable Stearate, Stearic Acid, Croscarmellose Sodium, Pharmaceutical Glaze.

SUGGESTED USE: As a dietary supplement, take 1 tablet 30 minutes before bedtime or as directed by a physician.

FREE OF: Artificial Color, Preservatives, Sugar, Starch, Milk Corn, Gluten, Wheat, Yeast, Fish.

Manufactured for Nova Nutritions, Scotch Plains, New Jersey 07076 www.novanutritions.com Lot# Exp:



