

NOVA[®]
NUTRITIONS

Cascara Sagrada

Supports Digestive, Intestinal &
Colon Health.*

450 mg

250 Capsules

DIETARY SUPPLEMENT

Cascara Sagrada is a shrub whose dried bark is used to make herbal medicine. Cascara Sagrada was first introduced by North American Indians to Spanish explorers during the 16th century. Cascara Sagrada is a herbal ingredient which is also known as the sacred bark, has a mild laxative effect which cause contractions in the large intestine*

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not take in case of stomach or duodenal ulcer. Do not take on an empty stomach.

FREE OF: Artificial Color, Preservatives, Sugar, Starch, Milk, Corn, Gluten, Wheat, Yeast, Fish.

Keep out of the reach of children.

Do not use if safety seal is broken or missing.

Keep in cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

Serving Size: 2 Capsules Serving Per Container: 125

	Amount Per Serving	% Daily Value
Cascara Sagrada (<i>Rhamnus Purshiana</i>) (Bark)	900 mg	**

**Daily Value not established.

OTHER INGREDIENTS: Magnesium Stearate, Silicon Dioxide, Gelatin (Capsule).

SUGGESTED USE: As a dietary supplement, take two (2) capsules one to two times daily, with water or juice on an empty stomach.

Manufactured for Nova Nutritions,
Scotch Plains, New Jersey 07076
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Lot#

Exp:

