

**NOVA**<sup>®</sup>  
NUTRITIONS

# Apple Pectin

(Great Source of Dietary Fiber)

Supports healthy digestive system\*

700 MG

120 Capsules

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 2 Capsules

Serving Per Container: 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	1 g	<1% †
Dietary Fiber	1 g	4% †
Apple Pectin Powder	2200 mg	**

\*\* Daily Value not established.

† Percent Daily Values are based on a 2,000 calorie diet.

**OTHER INGREDIENTS:** Gelatin, Silica, Vegetable Stearate.

**SUGGESTED USE:** As a dietary supplement, take 2 capsules 1 to 3 times daily with 8-10 oz. of water or juice, preferably 30 minutes before meals. Be sure to consume additional fluids throughout the day. Start with smaller dosages and gradually increase over several weeks.

**FREE OF:** Artificial Color, Preservatives, Sugar, Starch, Milk, Corn, Gluten, Wheat, Yeast, Fish.

Manufactured for Nova Nutritions,  
Scotch Plains, New Jersey 07076

www.novanutrition.com

Lot#

Exp:



Apple Pectin is a source of water soluble fiber which has a gel-forming effect when mixed with water. As a dietary fiber, Apple pectin provides nutritional support for healthy digestive function and overall well-being. This natural fiber has numerous health benefits, including the ability to serve as an effective prebiotic.\*

**CAUTION:** For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**Keep out of the reach of children.**

**Do not use if safety seal is broken or missing.**

**Keep in cool, dry place.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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