

NOVA[®]
NUTRITIONS

Alpha Lipoic Acid

Supports Healthy Metabolism
of sugar in Body & Nerve Function.*

200 mg

120 Capsules

DIETARY SUPPLEMENT

Nova Nutritions Alpha Lipoic Acid (ALA) is a powerful antioxidant that helps protect your cells from oxidative damage related to aging and environmental stress. ALA supplementation can support your energy metabolism and help rejuvenate your cells. ALA can also encourage glucose uptake by the body's cells.*

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of the reach of children.

Do not use if safety seal is broken or missing.

Keep in cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

Serving Size: 1 Capsule

Serving Per Container: 120

	Amount Per Serving	% Daily Value
Alpha Lipoic Acid	200 mg	**

**Daily Value not established.

OTHER INGREDIENTS: Rice Flour, Gelatin, Vegetable Cellulose, Vegetable Magnesium Stearate, Silica.

SUGGESTED USE: As a dietary supplement, take 1 to 2 capsules daily with food or as directed by your qualified health care professional.

FREE OF: Artificial Color, Preservatives, Sugar, Starch, Milk, Corn, Gluten, Wheat, Yeast, Fish.

Manufactured for Nova Nutritions,
Scotch Plains, New Jersey 07076

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Lot#

Exp:

