

SUGGESTED USE: FOR OCCASIONAL USE ONLY:
1 to 2 capsules taken at bedtime with 8 ounces of water or as directed by a healthcare professional.
SHORT-TERM CLEANSING PROGRAM: 1 to 2 capsules taken at bedtime with 8 ounces of water for up to 15 days or as directed by a healthcare professional. Do not repeat cleansing program for at least 6 to 8 weeks.

CAUTION: Do not exceed recommended dose. Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Read and follow directions carefully. This product contains cascara sagrada and senna leaves. This product is not intended for pregnant or nursing mothers or children under the age of 18. Do not use this product if you have abdominal pain, diarrhea or loose stools. Rectal bleeding and / or failure to have a bowel movement after the use of a laxative formula may be an indication of a more serious condition. Should this occur, or if you have a known medical condition and are taking medication, consult your physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot # and Best by date printed on bottom of bottle.


Natures Craft

HERBAL LAXATIVE

HERBAL CLEANSING FORMULA

Intestinal System Support
Supports Bowel Function
With Psyllium Husks Powder

Non - GMO Formula
60 Capsules
Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving

Proprietary Blend	1090 mg	*
Consisting of Psyllium Husks Powder, Cascara Sagrada Bark Extract (10% Cascarosides), Senna Leaf Extract (20% Sennosides), Flaxseed Powder, <i>Lactobacillus acidophilus</i> (5 Billion / Gram), Rice Powder, Aloe Vera Leaf (200:1 extract), and Medium Chain Triglycerides.		

* Daily Value (DV) not established

Other Ingredients: Rice powder, gelatin (bovine), vegetable magnesium stearate, vegetable stearic acid, and silicon dioxide.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.



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Manufactured Exclusively For: Nature's Craft
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