

SUPPLEMENTS THAT ACTUALLY WORK

Suggested Use

Take 1 serving (1 level scoop) of Red Buddha mixed with 6 fl. oz of water 30-60 minutes before bedtime.

Do not exceed 3 servings in any 24-hour period.

WARNING: KEEP OUT OF REACH OF CHILDREN. This product is not intended for anyone under the age of 18 years old. This product may cause drowsiness. Do not operate a motor vehicle or operate heavy machinery while using this product. Do not combine this product with alcohol. Consult with a healthcare professional before using this product. Do not use this product if you are pregnant or nursing. Do not use this product if you have any known or suspected medical conditions and/or if you are taking any prescription or over-the-counter medications. This product contains 5-HTP, do not take this product if you take any antidepressant medication, SSRI's, or any other compounds that affect serotonin levels. Discontinue use and consult with a physician if you experience any adverse reactions to this product. Do not exceed the recommended servings. Store in a cool, dry, place out of direct sunlight. Do not use if the safety seal is broken or missing.

* These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, cure, or prevent any disease.



RED SUPPLEMENTS

RED BUDDHA

SLEEP ENHANCEMENT FORMULA

WATERMELON BLUEBERRY FLAVOR
DIETARY SUPPLEMENT
30 SERVINGS

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Supplement Facts

Serving Size: 1 Scoop (8.8g)

Servings per Container: 30 (264g)

	Amount per Serving	% Daily Value
Red Buddha	1660 mg	†
Zinc	10 mg	
Magnesium	200 mg	
Vitamin B6	10.5 mcg	
L-Theanine	200 mg	
5-HTP	150 mg	
GABA	500 mg	
Melatonin	300 mcg	
Kava	600 mg	

† Daily Value not established

Other Ingredients: Maltodextrin, Citric Acid, Natural & Artificial Flavors, Sucralose, Acesulfame-K, Calcium Silicate

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