

SUPPLEMENT FACTS

Serving Size: 1 Level Scoop (18 g)

Servings Per Container: 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	2 g	<1%*
Sugars	0 g	**
Vitamin B6 (as Pyridoxine Hydrochloride)	640 mcg	32%
Sodium	230 mg	10%
Potassium	190 mg	5%
L-Leucine	3500 mg	**
L-Glutamine	2500 mg	**
PEAKO ₂ ® Performance Blend	2000 mg	**
Cordyceps (<i>Cordyceps militaris</i>), Reishi (<i>Ganoderma lucidum</i>), King Trumpet (<i>Pleurotus eryngii</i>), Shiitake (<i>Lentinula edodes</i>), Lion's Mane (<i>Hericium erinaceus</i>), Turkey Tail (<i>Trametes versicolor</i>)		
L-Isoleucine	1750 mg	**
L-Valine	1750 mg	**
CarnoSyn® Beta-Alanine	1600 mg	**
Electrolyte Blend	1140 mg	**
Sodium Citrate, Potassium Chloride, Sodium Chloride		
Citrulline Nitrate (NO3-T®)	1000 mg	**

*Percent Daily Values (%DV) based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Citric Acid, Silicon Dioxide, Natural & Artificial Flavors, Sucralose, Acesulfame Potassium, Titanium Dioxide (color), FD&C Yellow #5.

Recommended Use: As a dietary supplement, mix each scoop in 10-14 fl. oz. of water (adjust for taste preference) and shake well. On training days, consume 1 scoop during exercise and 1 scoop after exercise. On non-training days, consume 2 scoops throughout the day. For best results, use 2 scoops daily. **Some individuals may experience a harmless tingling sensation, which is attributable to Beta-Alanine.**

Made in the U.S.A. using strategically sourced domestic and imported ingredients and components.



Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.



NO3-T® is a trademark of ThermoLife International, LLC.
NO3-T.com/Patents



PeakO₂® is a trademark of Disruptive Nutrition LLC.

WARNING: THIS PRODUCT IS ONLY INTENDED TO BE CONSUMED BY HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use this product if you are pregnant, nursing or currently taking PDE-5 inhibitors or nitrates for chest pain. Do not use this product before consulting a licensed, qualified, health care professional, especially if you are taking any prescription drug or over-the-counter medication; or, if you suspect you have or have been treated for, diagnosed with, or have a family history of, any medical condition. Discontinue use 2 weeks prior to surgery. Do not use this product continuously for more than 8 weeks. Do not use if safety seal is broken or missing. Store in a cool, dry place. **KEEP OUT OF REACH OF CHILDREN.** This product is sold by weight, not volume. Some settling of powder may occur during shipping and handling, which may affect density of powder. This product contains the servings indicated when measured exactly by weight.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

*Based upon cumulative global sales of all XTEND® branded BCAA products from 2004 to present.

*If used as directed.

Manufactured for:
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XX ELITE

7g BCAA*

MUSCLE RECOVERY[†] +
ENDURANCE[†]



CITRUS PASSIONFRUIT
NATURALLY & ARTIFICIALLY FLAVORED

30 SERVINGS

DIETARY SUPPLEMENT • NET WT. 540 g (1.19 lb) *Per Serving



THE OFFICIAL RECOVERY BRAND OF CHAMPIONS.†

Designed to be the best for those who demand the best, **XTEND® ELITE** includes 7 grams of BCAAs for muscle growth and repair, CarnoSyn® Beta-Alanine to help boost muscular endurance, and Citrulline Nitrate (NO3-T®) to promote better pumps. At the recommended two scoops per day, **XTEND® ELITE** also features the clinically studied dose of PeakO₂®, a research-backed blend of organic adaptogens shown to help support stamina, increase time to exhaustion, enhance anaerobic power output, and improve VO₂ max. Try each of the delicious, sugar-free flavors of **XTEND® ELITE** for elite recovery, endurance, and performance.†⁹

WHEN TO TAKE XTEND® FOR BEST RESULTS:



XTEND®
ENERGY



XTEND®
ELITE



XTEND®
PRO

Combine with any **XTEND®** branded product every day, even on rest days, to help maximize your recovery.†

