SUGGESTED USE: As a dietary supplement, take 1 serving of HEAT daily (2 capsules) with 6-8 oz of water. To avoid sleeplessness, avoid taking within 6 hours of intended sleep. To accelerate and enhance results. HEAT should be used in combination with optimal hydration, exercise and a proper diet.

CAUTION: Do not use if outer seal is broken. Not intended for individuals under the age of 18 Consult your healthcare provider prior to use if you are pregnant or nursing, have a health condition, or when taking any medication. Do not exceed suggested usage.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE





DIETARY SUPPLEMENT 60 Capsules











Supplement Facts Serving Size: 2 Capsules

Serving Ozer Container: 30

| Amount Per Serving | | % DV |
|-------------------------------------------------------------|--------|------|
| Chromium (as Chromax [®] , Chromium Picolinate) | 12mcg | 30% |
| Chromax [®] | 100mcg | |
| N-Acetyl L-Tyrosine | 350mg | • |
| Caffeine Anhydrous | 275mg | |
| DIM (Diindolylmethane) | 125mg | |
| SerinAid® (20% Phosphatidyl Serine) | 50mg | |
| Uva Ursi | 50mg | |
| Dandelion Root (4:1 Extract) | 50mg | |
| Capsimax® (Red Pepper Extract) | 30mg | |
| Theacrine (as TeaCrine®) | 25mg | |
| Gamma Butyrobetaine Ethyl Ester HCI | 20mg | |
| BioPerine® (Black Pepper Extract) (95% Piperine) | 5mg | |







* Daily Value not established



