

FALL ASLEEP STAY ASLEEP WAKE UP RESTED

Namastay In Bed is intentionally curated to help you overcome the real reasons why you struggle to fall asleep, while providing the nurturing support you need to help you stay asleep all night.

SUGGESTED USE

Take two capsules 30-60 minutes before going to bed. Children under 18, pregnant or nursing mothers, and those with a medical condition should consult a doctor for proper medical advice.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



Wellness from the Earth

NAMASTAY in bed

PLANT-BASED SLEEP AID*

60 veggie capsules

VEGAN

GMO
FREE

PLANT
BASED

Dietary Supplement

Ingredients brought to you by:

THE EARTH

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving	% Daily Value
Magnolia Bark Extract 200mg	**
Valerian Root Extract 150mg	**
Chamomile Flower Extract 100mg	**
Passionflower Herb Extract 100mg	**
Hops Flower Extract 50mg	**
L-Theanine (L-TeaActive®)* 50mg	**
Melatonin 0.5mg	**

**Daily Value not established.

Other Ingredients: Hypromellose (Capsule), Rice Bran Powder

*L-TeaActive® is a registered mark of Blue California

Mindfully made for Happy Healthy Hippie
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