▲ WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication. or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction. This product contains EGCG from green tea.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately

Conforms to USP <2091> for weight.

No Artificial Flavors, No Wheat, Gluten Free, No Dairy.

CurcuWIN® and Lutemax® 2020 trademarks belong to OmniActive Health Technologies.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information: 1-888-462-2548 GNC.com Distributed by:

General Nutrition Corporation Pittsburgh, PA 15222 USA

In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.





Multivitamin

ACTIVE

Exercise your right to good health.

Whether you're running errands or running laps, this multivitamin helps support your active lifestyle.*

- **Clinically Studied Multivitamin Blend** Contains a clinically studied multivitamin blend shown to work better than a basic multivitamin[^]
- Recovery Has powerful antioxidants—including green tea, lutein and grape seed—to help fight free radicals that can be produced

from vour workout*

- **Bone Health** Features vitamin D for healthy bones plus calcium and magnesium for bone building*
- Energy Production Shown to improve levels of key B vitamins^ essential for energy production*



ACTIVE

Specially formulated for athletic women* Clinically proven to make you feel better^ Timed-Release



DIETARY SUPPLEMENT

180 CAPLETS/90-DAY SUPPLY

CODE 202021 DIRECTIONS: As a dietary supplement, take two caplets daily with food.

% Daily Value

Supplement Facts

Serving Size Two Caplets/Servings Per Container 90

Amount Per Serving

Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	1500 mcg	16
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg	222
Vitamin D (as Cholecalciferol D-3)	40 mcg (1600 IU)	200
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	22.1 mg	147
Vitamin K (as Phytonadione)	80 mcq	67
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	4167
Riboflavin (Vitamin B-2)	50 mg	3846
Niacin (as Niacinamide & Niacin)	50 mg	313
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2941
Folate	667 mcg DFE (400 mcg Folic Acid)	167
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083
Biotin	300 mcg	1000
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000
Choline (as Choline Bitartrate)	10 mg	2
Calcium (as Calcium Carbonate, Calcium d-Pantothenate & Calcium Ascorbate)	500 mg	38
Iron (as Ferrous Fumarate)	18 mg	100
lodine (as Potassium lodide)	150 mcg	100
Magnesium (as Magnesium Oxide)	100 mg	24
Zinc (as Zinc Oxide)	25 mg	227
Selenium (as L-Selenomethionine)	200 mcg	364
Copper (as Cupric Sulfate)	2 mg	222
Manganese (as Manganese Sulfate)	2 mg	87
Chromium (as Chromium Chloride)	120 mcg	343
Molybdenum (as Sodium Molybdate)	75 mcg	167
	20.00	
Super Antioxidant Blend	28.96 mg	
alpha-Lipoic Acid	25 mg	
alpha-Lipoic Acid Lutemax® 2020 Lutein	25 mg 2 mg	
alpha-Lipoic Acid Lutemax® 2020 Lutein Lycopene	25 mg 2 mg 1 mg	
alpha-Lipoic Acid Lutemax* 2020 Lutein Lycopene CurcwWIN® Turmeric Root Extract (Curcuma longa)(Standardized to Curcuminoids)	25 mg 2 mg 1 mg 500 mcg	
alpha-Lipoic Acid Lutenare? 2020 Lutein Lycopene CurcwIIIN® Turmeric Root Extract (<i>Curcuma longa</i>)(Standardized to Curcuminoids) Zeaxanthin (as Zeaxanthin Isomers)	25 mg 2 mg 1 mg 500 mcg 400 mcg	
alpha-Lipoic Acid Lutenae* 2020 Lutein Lycopene CurcuWWP Turmeric Root Extract (<i>Curcuma longo</i>)(Standardized to Curcuminoids) Zeaxanthin (as Zeaxanthin Isomers) Astaxanthin (from <i>Hoematococcus plavialis</i>)	25 mg 2 mg 1 mg 500 mcg 400 mcg 50 mcg	
alpha-Lipoic Acid Lutenare 2020 Lutein Lycopene CurcuWIN® Turmeric Root Extract (Curcuma longo)(Standardized to Curcuminoids) Zeaxanthin (as Zeaxanthin Incomes) Astaxanthin (From Haematococcus pluvialis) beta-Cryptoxanthin	25 mg 2 mg 1 mg 500 mcg 400 mcg 50 mcg 10 mcg	
alpha-Lipoic Acid Lutenae* 2020 Lutein Lycopene CurcuWIN® Turmeric Root Extract (<i>Curcuma longa</i>)(Standardized to Curcuminoids) Zeaxanthin (as Zeaxanthin Isomers) Astaxanthin (from <i>Haematoccus pluvialis</i>) beta-Cryptoxanthin Performance Energy & Metabolism Blend	25 mg 2 mg 1 mg 500 mcg 400 mcg 50 mcg	
alpha-Lipoic Acid Lutemae* 2020 Lutein Lycopene Lycopene CurcvWWP Turmeric Root Extract (<i>Curcumo longo</i>)(Standardized to Curcuminoids) Zeaxanthin (as Zeaxanthin Isomers) Astaxanthin (from <i>Hiemantococcus pluvialis</i>) beta-Cryptoxanthin Performance Energy & Metabolism Blend Green Tea Leaf Extract (<i>Comellio Seness</i>)(Standardized to EGCG)	25 mg 2 mg 1 mg 500 mcg 400 mcg 50 mcg 10 mcg 53.01 mg 30 mg	
alpha-Lipoic Acid Lutemar ² 70/20 Lutein Lycopene CurcuWIN ⁶ Turmeric Root Extract (<i>Curcuma longo</i>)(Standardized to Curcuminoids) Zeaxanthin (as Zeaxanthin Isomers) Astaxanthin (<i>Tran Rematosoccus pluvialis</i>) beta-Cryptoxanthin Performance Energy & Metabolism Blend Green Tea Leaf Extract (<i>Conellia sinensis</i>)(Standardized to EGCG) Betaine (as Betaine Hydrochlorofe)(Frimethytylycine)	25 mg 2 mg 1 mg 500 mcg 400 mcg 50 mcg 10 mcg 53.01 mg 30 mg	
alpha-Lypioc Acid Lutenae* 2020 Lutein Lycopene CurcaWIN* Turneric Root Extract (Curcumo longo)(Standardized to Curcuminoids) Zeazanthin (ac Zeazanthin Isomers) Astananthin (from Rieemotococcus pluvialis) beta-Cryptozanthin Performance Energy & Metabolism Blend Green Tea Leaf Extract (Comelilia sinensis)(Standardized to EGCG) Betaine (as Betaine Hydrochloride)(Trimethylglycine) Innositol	25 mg 2 mg 1 mg 500 mcg 400 mcg 50 mcg 10 mcg 53.01 mg 30 mg 10 mg	
alpha-Lipoic Acid Lutemae* 2020 Lutein Lycopene CurcuWIN* Turmeric Boot Extract (Curcuma longo)(Standardized to Curcuminoids) Zeaxanthin (as Zeaxanthin Isomers) Astaxanthin (From Remortococcus pluvialis) beta-Cryptoxanthin Performance Energy & Metabolism Blend Green Tea Leaf Extract (Comellio Sienessi)(Standardized to EGCG) Betaine (as Betaine Hydrochloride)(Trimethylglycine) Inositol	25 mg 2 mg 1 mg 500 mcg 400 mcg 50 mcg 10 mcg 10 mcg 10 mcg 10 mg 2 mg 10 mg 2 mg 10 mg	
alpha-Lipoic Acid Lutemae* 2020 Lutein Lycopene CurcuWIN® Turmeric Root Extract (Curcuma longo)(Standardized to Curcuminoids) Zeaxanthin (as Zeaxanthin Isomers) Astaxanthin (Trom Remotococcus pluviolis) beta-Cryptoxanthin Performance Energy & Metabolism Blend Green Tea Leta Estract (Coneillia sinensis)(Standardized to EGCG) Betaine (as Betaine Hydrochloride)(Trimethylglycine) Inositol Inositol Grape Seed Extract (Vitis vinifera)(Standardized to Polyphenols)	25 mg 2 mg 1 mg 500 mcg 400 mcg 50 mcg 10 mcg 53.01 mg 30 mg 10 mg 10 mg 10 mg	
alpha-Ipoic Acid Lutenae* 2020 Lutein Lycopene Lycopene CurcwIIII* Turneric Root Extract (<i>Curcuma longa</i>)(Standardized to Curcuminoids) Zeaxanthin (as Zeaxanthin Isomers) Astaxanthin (trom Hiemenotococcus pluvialis) beta-Cryptoxanthin Performance Energy & Metabolism Blend Green Tea Leaf Extract (Comellio sinensis)(Standardized to E60C) Betaine (as Betaine Hydrochlorde)(Trimethylglycine) Inositol Boron (as Sodium Borate) Grape Seed Extract (Vitis winfero)(Standardized to Polyphenols) Vanadium (as Sodium Metavanadate)	25 mg 2 mg 1 mg 500 mcg 400 mcg 50 mcg 100 mcg 50 mcg 10 mcg 53.01 mg 2 mg 10 mg 10 mg 10 mg 2 mg 1 mg	
alpha-Lipoic Acid Lutemae* 2020 Lutein Lycopene	25 mg 2 mg 2 mg 500 mcg 400 mcg 50 mcg 10 mcg 10 mcg 10 mcg 2 mg 10 mg 10 mg 10 mg 10 mg 10 mg 10 mg 1 mg	
alpha-Lipoic Acid Lutenae? 2020 Lutein Lycopene CurcuWIN® Turmeric Root Extract (Curcuma longo)(Standardized to Curcuminoids) Zeaxanthin (as Zeaxanthin Isomers) Astaxanthin (Irom Remotococcus pluviolis) beta-Cryptoxanthin Performance Energy & Metabolism Blend Green Tea Leta Estract (Coneillia sinensis)(Standardized to EGCG) Betaine (as Betaine Hydrochloride)(Trimethylglycine) Innoistol Grape Seed Extract (Virils vinifera)(Standardized to Polyphenols) Vanadium (as Sodium Metavanadate) Joint & Skin Support Blend MSM (Methylsulforylmethane)	25 mg 2 mg 1 mg 500 mcg 400 mcg 500 mcg 10 mcg 10 mcg 30 mq 10 mg 10 mg 1	
alpha-Lipoic Acid Lutemae* 2020 Lutein Lycopene	25 mg 2 mg 2 mg 500 mcg 400 mcg 50 mcg 10 mcg 10 mcg 10 mcg 2 mg 10 mg 10 mg 10 mg 10 mg 10 mg 10 mg 1 mg	

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl, Methylcellulose, Cellulose, Hydroxypropylcellulose, Stearic Acid Vegetable Source, Maltodextrin, Dicalcium Phosphate, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Polyethylene Glyco, Taic, Natural Vanilla Mint Flavor, Chlorophyllin (Color), Stevia Leaf Extract.

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

^{*} These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.