he reach of children. Do fety seal is damaged or a re at room temperature.

FOR A HEALTHIER HIM

OVER 40 FOUNDATIONAL NUTRIENTS

= DESIGNED FOR MEN, BY MEN

SUGGESTED USE: Take 2 capsules daily with food, or as directed by your healthcare professional.

CAUTION: This supplement is recommended for men, but if used by women, don't use if pregnant or nursing. Children under the age of 18, or individuals with a known medical condition should consult a physician before using this or any dietary supplement.



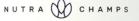












MEN'S MULTIVITAMIN

* VITAMINS & MINERALS FOR DAILY SUPPORT *







Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

oappioiii	•		Servings Per Containe	r: 30	
Amount Per Serving		%DV	Amount Per Serving		
Vitamin A (Beta-Carotene)	6667 IU	3796	Manganese (Gluconate) 2 mg	87%	
Vitamin C (Ascorbic Acid)	150 mg	167%	Vitamin K (Phytonadione) 100 mcg	839	
Vitamin D			Copper (Gluconate) 2 mg	2229	
(Cholecalciferol)	1000 IU	125%	Calcium (Citrate) 100 mg	8%	
Vitamin E (D-Alpha Tocopherol	30 IU	134%	Selenium (Chelate) 50 mcg	91%	
Vitamin B1 (Thiamin)		2083%	Zinc (Glycinate) 15 mg	1369	
	20 mg	200390	Molybdenum (Chelate) 75 mcg	1679	
Vitamin B2 (Riboflavin)	25 mg	1923%	Magnesium (Chelate) 50 mg	296	
Vitamin B3 (Niacin)	25 mg	156%	Chromium (Nicotinate) 120 mcg	439	
Vitamin B5 (Pantothenic Acid)	25 mg	500%	Ividio Vitality Diolid	mg *	
Vitamin B6 (Pyridoxine HCI)	25 mg	1471%	Saw Palmetto, Pumpkin Seed, Pine Bark Extract, Nettle Lycopene, Lutein		
Vitamin B12 (Methylcobalamin)	50 mcg	2083%	Antioxidant & Fruit 300 Energy Blend	mg *	
Biotin	300 mcg	1000%	Spirulina, Spinach, Kale, Grape Seed Extract, Citrus Bioflavonoids (fruit), Black Currant Extract, Pomegranate Extract, Bilberry Extract, Garlic, Hawthorn Berry,		
Folate (Folic Acid)	400 mcg	167%			
Choline	20 mg	4%			
Inositol	20 ma		Ceylon Cinnamon, Echinacea, Goldensea		

"Daily Value (DV) not established. Percent daily values are based on a 2,000 calorie diet.





