

## PRODUCT INFORMATION:

Two capsules typically provide:

		%NRV*
Vitamin C	25mg	31
Niacin (vitamin B3)	30mg NE	188
Vitamin B6	6.6mg	471
Folic acid	120µg	60
Vitamin B12	10µg	400
Magnesium	57mg	15
Iron	2.5mg	18
Zinc	5mg	50
Copper	500µg	50
Manganese	2.5mg	125
Selenium	60µg	109
Iodine	60µg	40
Tyrosine	900mg	

\*NRV = Nutrient Reference Value

**INGREDIENTS:** Tyrosine, magnesium citrate, capsule: hydroxypropyl methylcellulose, natural kelp†, vitamin B3 (as nicotinamide), anti-caking agent: magnesium stearate; vitamin C (ascorbic acid), ferrous gluconate, zinc citrate, l-selenomethionine, manganese citrate, anti-caking agent: silicon dioxide; vitamin B6 (pyridoxine HCl), copper gluconate, folic acid, vitamin B12 (cyanocobalamin).  
†May not be suitable for people with a fish or crustacean allergy.

**FREE FROM:** Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, soya, starch, sugar, wheat, yeast.

This product has not been tested on animals.

# HIGHER NATURE®

BODY HEALTH

## THYROID SUPPORT FORMULA

With iodine & selenium



60 capsules  
vegetarian and vegan

## THYROID SUPPORT FORMULA FOOD SUPPLEMENT - 60 CAPSULES

- ✓ Iodine and selenium contribute to normal thyroid function
- ✓ Tyrosine binds with iodine to synthesise thyroid hormones

**DIRECTIONS:** Take 2-3 capsules a day at least 30 minutes before meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**WARNING:** Not advisable if pregnant, breastfeeding or if taking MAO inhibitor drugs.

**STORAGE:** Store in a cool, dry place out of reach of children.



THY060 117

THY-212-03

Higher Nature Ltd, 10 Discovery Way,  
Horam, East Sussex TN21 0GE, UK  
highernature.com

