

PRODUCT INFORMATION:

One tablet typically provides:

		%NRV*
Zinc	15mg	150
Copper	500µg	50

*NRV = Nutrient Reference Value

INGREDIENTS: Proprietary mixture: zinc sulphate, copper sulphate with enzyme digested *Saccharomyces cerevisiae* (with **soya**); anti-caking agents: stearic acid, magnesium stearate, silicon dioxide; bulking agent: microcrystalline cellulose; bulking agent: hydroxypropyl cellulose; coating: methylcellulose, glycerine, natural vanilla flavour (agave syrup; flavour: vanilla extract; colour: caramel). (Allergens in **bold**)

All True Food® nutrients also contain B vitamins, beta glucans, glutathione, choline, inositol, amino acids and other phytonutrients naturally found in fermented food cultures

FREE FROM: Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, salt, starch, wheat.

This product has not been tested on animals.

HIGHER NATURE®

BODY HEALTH

ZINC



90 tablets
vegetarian and vegan

ZINC

FOOD SUPPLEMENT - 90 TABLETS

- ✓ Zinc contributes to normal immune system function
- ✓ Zinc contributes to the maintenance of normal vision
- ✓ Zinc and copper contribute to the protection of cells from oxidative stress

DIRECTIONS: Adults take 1 tablet a day with meals (children 8 and over 1 every other day). Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE: Store in a cool, dry place out of reach of children.



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