## **GNC Total Lean® - a simple** plan for living leaner:

- Meal replacements & meal and exercise plan
- Energy & metabolism support
- Cleansing & detox
- Vitamins & on-the-go snacks

For more information about keto - including meal plans - visit www.qnc.com/keto. And for more Total Lean® products, visit www.totallean.com.





Carnipure Carnipure and the Carnipure logo are Lonza trademarks.



goBHB® is a registered trademark under exclusive global distribution BHB by Compound Solutions, Inc."



For More Information: 1-888-462-2548

**NOTICE:** Significant product ettling may occur.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease

GNC TOTAL LEAN®

## KETO **BHB + CARNITINE**

**DIETARY SUPPLEMENT** 

**CALORIES** 30

**CARBS 2**G SUGAR **O**G

внв 6<sub>G</sub>

1 q of clinically studied Carnipure® Fuels fatty acid metabolism\*



NET WT 13.23 OZ (375 G) 30 SERVINGS

CODE 509611

**DIRECTIONS:** As a dietary supplement, mix one scoop in 8-10 fl. oz. of cold water and enjoy. Consume with adequate amounts of water. It is recommended to start off with 1/2 serving for the first week of consumption and slowly graduating up to a full serving, as tolerated. Do not exceed one serving per day. Not for long term consumption.

## **Supplement Facts**

Serving Size One Scoop (12.5 a) Servings Per Container 30

Amount Per Serving	% Dail	y Value
Calories	30	
Total Carbohydrate	2 g	1%†
Total Sugars	0 g	*
Includes 0 g Added Sugars		0%†
Calcium	525 mg	40%
Magnesium	150 mg	36%
Sodium	570 mg	25%
Potassium	30 mg	<1%
beta-Hydroxybutyrate (as goBHB®)	6 g	*
L-Carnitine (as Carnipure®)	1 a	*

Capsimax® Capsicum Fruit Extract (Capsicum annuum) † Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Natural Flavors, Citric Acid, Malic Acid, Beet Root Powder, Reb A (Stevia Extract), Silicon Dioxide, Calcium Silicate, Sunflower Lecithin,

CONTAINS: Milk and Sov. Distributed by:

General Nutrition Corporation Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Prior to starting and for long-term use, please consult with your physician about following a ketogenic diet. Always use in conjunction with a diet that provides 1500 or more calories per day. Diets that are low in carbohydrates may cause weakness, headaches or gastrointestinal discomfort.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

<sup>\*</sup> Daily value not established.