

GNC Total Lean® - a simple plan for living leaner:

- Meal replacements & meal and exercise plan
- Energy & metabolism support
- Cleansing & detox
- Vitamins & on-the-go snacks

For more information about keto – including meal plans – visit www.gnc.com/keto.

And for more Total Lean® products, visit www.totallean.com.

Capsimax® Capsimax® trademark belongs to OmniActive Health Technologies.

Carnipure® Carnipure® and the Carnipure logo are Lonza trademarks.

goBHB® goBHB® is a registered trademark under exclusive global distribution by Compound Solutions, Inc.™



For More Information:
1-888-462-2548
GNC.com

NOTICE: Significant product settling may occur.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC
TOTAL LEAN®

KETO

BHB + CARNITINE

DIETARY SUPPLEMENT

CALORIES
30

CARBS
2G

SUGAR
0G

BHB
6G

1 g of clinically studied Carnipure®
Fuels fatty acid metabolism*



ORANGE MANGO
NATURAL FLAVOR
NET WT 13.76 OZ (390 G)
30 SERVINGS

CODE 509610

HUG

DIRECTIONS: As a dietary supplement, mix one scoop in 8-10 fl. oz. of cold water and enjoy. Consume with adequate amounts of water. It is recommended to start off with 1/2 serving for the first week of consumption and slowly graduating up to a full serving, as tolerated. Do not exceed one serving per day. Not for long term consumption.

Supplement Facts

Serving Size One Scoop (13 g)
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	30	
Total Carbohydrate	2 g	1%†
Total Sugars	0 g	*
Includes 0 g Added Sugars		0%†
Calcium	525 mg	40%
Magnesium	150 mg	36%
Sodium	570 mg	25%
Potassium	30 mg	<1%
beta-Hydroxybutyrate (as goBHB®)	6 g	*
L-Carnitine (as Carnipure®)	1 g	*
Capsimax® Capsicum Fruit Extract (<i>Capsicum annuum</i>)	50 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily value not established.

OTHER INGREDIENTS: Natural Flavors, Citric Acid, Malic Acid, beta-Carotene, Silicon Dioxide, Calcium Silicate, Reb A (Stevia Extract), Sunflower Lecithin.

CONTAINS: Milk and Soy.

Distributed by:

General Nutrition Corporation
Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Prior to starting and for long-term use, please consult with your physician about following a ketogenic diet. Always use in conjunction with a diet that provides 1500 or more calories per day. Diets that are low in carbohydrates may cause weakness, headaches or gastrointestinal discomfort.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.