

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

SHOP NOW @ GNC.COM

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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GNC

PREVENTIVE NUTRITION®

TRI-SLEEP™

Triple-Layer Sleep Technology

Relaxation*

Going to sleep*

Calm sleep*

Non-habit forming

DIETARY SUPPLEMENT

60 CAPLETS

30-DAY SUPPLY



CODE 504314

LUG

DIRECTIONS: As a dietary supplement, take two caplets 30-60 minutes before bed.

Supplement Facts

Serving Size Two Caplets/Servings Per Container 30

Amount Per Serving	% Daily Value
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Calories	5
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Total Carbohydrate	1 g <1%†
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Calcium	70 mg 5%
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(as Dicalcium Phosphate)

Phosphorus	50 mg 4%
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(as Dicalcium Phosphate)

Light Green Layer: Relaxation...	228 mg *
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(Immediate Release)

L- Theanine	200 mg *
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(as Suntheanine®)

Amount Per Serving	% Daily Value
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affron® Saffron Extract	28 mg *
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(Crocus sativus)(stigmas)

Dark Green Layer: Going to Sleep	403 mg *
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(Immediate Release)

Valerian Root Extract	400 mg *
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(Valeriana officinalis)

Melatonin	3 mg *
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Yellow Layer: Calm Sleep	102 mg *
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(Sustained Release)

gamma-Aminobutyric Acid	100 mg *
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(GABA)

Melatonin	2 mg *
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† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Dicalcium Phosphate, Hydroxypropyl Methylcellulose, Hydroxypropyl Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, Crospovidone, Ethyl Vanillin, FD&C Yellow #5, FD&C Blue #1, Triacetin, Dextrin, Artificial Vanilla Flavor, Natural Mixed Berry Flavor.

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery. Discontinue use two weeks prior to surgery.

Gluten Free.