CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL DRY PLACE.

"These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot # and Expiration Date printed on bottom of bottle.
V5R1



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NATURE AT ITS FINEST

Natures Craft

SLEEP

FORMULA



O WITH L-THEANINE GABA, 5-HTP

60 Capsules Dietary Supplemen

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount per Serving		%DV
Calcium (as Calcium Carbonate)	18 mg	2%
Vitamin B6 (Pyridoxine HCL)	1.8 mg	90%
Magnesium (as Magnesium Citrate)	13 mg	3%
Sleep Formula Proprietary Blend:	1071 mg	**

L-Trytophan, Valerian, Goji (Wolfberry), Chamomile, Lemon Balm, Passion Flower, L-Taurine, Hops, St. John's Wort, Gaba, Skullcap, L-Theanine, Ashwaganda,Inositol, 5-HTP, Melatonin.

** Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule), Magnesium Stearate (vegetable), Silicon Dioxide.

Manufactured Exclusively For:

Nature's Craft Monsey, NY 10952

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