



RECOMMENDED USE

As a dietary multivitamin and mineral supplement, take 2 Thermo Heat® Multi capsules daily with a meal.

For optimum results, Thermo Heat® Multi is best used as part of a diet and exercise program. Take regular Thermo Heat® as directed. For added benefit, it is also recommended to take Thermo Heat® Nighttime as directed.

**THERMO HEAT®
IS THE ORIGINAL
BROWN FAT (BAT)
ACTIVATOR**

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MANUFACTURED TO THE
HIGHEST STANDARDS

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QUALITY PURITY INNOVATION

SCIENTIFICALLY FORMULATED

**THERMO
HEAT
MULTI**

**METABOLISM-ENHANCING®
MULTIVITAMIN**

THE MOST ADVANCED THERMOGENIC
EVER DEVELOPED*

DIETARY
SUPPLEMENT

60
CAPSULES

PATENT
PENDING

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin A (as Retinyl Palmitate)	5000 IU	100%
Vitamin C (Ascorbic Acid)	150 mg	250%
Vitamin D (as Vitamin D3, Cholecalciferol)	4000 IU	1000%
Vitamin E (as D-Alpha Tocopherol Succinate)	100 IU	333%
Vitamin K (Vitamin K2 as Menaquinone-7(MK-7))	180 mcg	225%
Thiamine (as Thiamine HCl)	10 mg	667%
Riboflavin	10 mg	588%
Niacin (as Nicotinamide)	40 mg	200%
Vitamin B6 (as Pyridoxine HCl)	20 mg	1000%
Folic Acid	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	1000 mcg	16,667%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium D-Pantothenate)	40 mg	400%
Iodine (from Kelp)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Gluconate)	15 mg	100%
Selenium (as Sodium Selenate)	100 mcg	143%
Chromium (as Trivalent Chromium Chloride)	200 mcg	167%

Thermo Heat® Thermogenic Proprietary Blend

200 mg
Cinnamon Bark Extract, Curcumin C3 Complex® (Turmeric Rhizome Extract), Borberry Bark Extract (Standardized for Berberine), Holy Basil (Ocimum tenuiflorum) Leaf Extract (containing Ursolic Acid), Forskolin® (Coleus Forskolin®) Root Extract (10% forskolin), Wakame Seaweed (Undaria pinnatifida) Extract (containing fucoxanthin), Olive Leaf Extract (standardized for Oleuropein), Grape Seed Extract (standardized for proanthocyanidins), Red Wine Extract (Standardized for polyphenols), Ginger Root Extract (standardized for gingerols), Kaempferol (Japanese Sophora) Fruit Extract, Bioperine® (Black Pepper Fruit Extract), Cayenne Pepper Fruit Extract (standardized for capsaicinoids)

*Daily Value (DV) not established.

Other Ingredients: Gelatin (Capsule), Dicalcium Phosphate, Rice Flour, Magnesium Stearate.

Thermo Heat Multi® is a revolutionary, scientifically advanced multivitamin and mineral formula.

Thermo Heat Multi® contains select vitamins and minerals with precise, research-based dosages to help you maintain optimal health and well-being. It is also designed for those people on calorie restricted diets.*

Thermo Heat Multi® is free of iron, manganese, and copper. Scientific research has suggested that excessively high cellular concentrations of these minerals may increase the risk of a number of serious adverse health effects.*

WARNING: DO NOT USE IF PREGNANT, NURSING, OR UNDER THE AGE OF 18. Do not exceed recommended serving. Consult with a health care practitioner before taking this or any dietary supplement, especially if you have or suspect you may have a medical condition, or are taking ANY medications, including but not limited to the blood-thinning medicines Coumadin or Warfarin, over the counter products, or other dietary supplements. Immediately discontinue use and call your health care practitioner if you experience any adverse reaction. KEEP OUT OF REACH OF CHILDREN.

Curcumin C3 Complex® is a registered licensed trademark material of Sabinsa.

Bioperine® is a registered licensed trademark material of Sabinsa.



BIOPERINE®

Questions? AdvancedMolecularLabs.com
1-800-931-5961

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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