

Recommended Dose: Take 3 sprays orally, once daily at or before bedtime, or as recommended by your health professional. For adult use only. **Warning:** If you are pregnant, lactating or taking corticosteroids, do not use. When taking melatonin, do not drive or use machinery. If you are experiencing long-term sleep difficulties, taking any medication, or have any health condition, consult your health professional before use. Consumption with alcohol, drugs or other supplements with sedative properties is not recommended. If mild gastrointestinal symptoms or rare allergic reactions occur, discontinue use.

Keep out of the reach of children. Use only if safety seal is intact. Store in a cool, dry place.

[†]This statement has not been evaluated by the Food and Drug Administration
This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order
to accommodate required labeling.
Please rely on stated quantity.

vs. 379-30U
Made in Canada for
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Pittsburgh, PA 15275
1-888-737-6925
seroyal.com



GENESTRA
BRANDS®

Melatonin Spray

Dietary Supplement

Natural Spearmint Flavor

Supports the body's natural sleep-wake cycle[†]

1 fl oz (30 mL)

Supplement Facts

Serving Size 3 Sprays (0.45 mL)

Servings per Container about 66

	Amount Per Serving	% DV
Melatonin	3 mg	*

* Daily value (DV) not established

Other ingredients: Purified water, glycerin, ethanol, xylitol, natural spearmint flavor, citric acid, potassium sorbate, rebaudioside A (stevia leaf extract), menthol

Spot UV Location

