

Recommended Dose: Take 3 capsules daily or as recommended by your health professional. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. **Keep out of the reach of children.** Use only if safety seal is intact. Store in a cool, dry place.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

1-800-372-9000
Manufactured for
Seroyal USA
Pittsburgh, PA 15275
1-888-737-6925
seroyal.com



GENESTRA
BRANDS®

Methylation Support

Dietary Supplement

Supports healthy homocysteine metabolism†

90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 3 Capsules
Servings per Container 30

	Amount Per Serving	% DV
Vitamin B ₆ (as pyridoxal 5-phosphate)	50 mg	2,941%
Folate (as Metafolin®, L-5-MTHF) (400 mcg L-5-MTHF)	667 mcg DFE	167%
Vitamin B ₁₂ (as methylcobalamin)	800 mcg	33,333%
Choline (as choline bitartrate)	75 mg	14%
Betaine (from beet root)	1,500 mg	*

* Daily value (DV) not established

Other ingredients: Hypromellose, cellulose, silica

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

