

**GNC
AMP**

ADVANCED MUSCLE PERFORMANCE

WHEYBOLICTM RIPPED

CLINICALLY PROVEN PROTEIN + THERMOGENIC

Proven to Increase Muscle Strength & Size in Just 8 Weeks**
Enhanced for Intense Energy & Metabolism Support*



COOKIES
AND CREAM

MOZEL • ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT

NET WT 20.54 OZ
(1.29 LB) 585g

40g
PROTEIN

15g
BCAA

10g
LEUCINE

1g
VELOSITOL[®]

150mg
CAFFEINE

CODE 386571

NSG

DIRECTIONS: As a dietary supplement, consume 2 rounded scoops in 8 fl. oz. of cold water or your favorite beverage.
WheyBolic: Rippled can be consumed first thing in the morning, pre-workout, and/or post-workout. For maximum results, reference usage benefits and consume 2 rounded scoops twice daily. Do not consume close to bedtime.

Supplement Facts			
Serving Size	1 Rounded Scoop (23.5 g)	2 Rounded Scoops (45 g)	
Servings Per Container	8	4	
Amount Per Serving	% Daily Value	% Daily Value	
Calories	10	20	
Total Fat	1g	2%	3%
Saturated Fat	0g	0%	1g
Cholesterol	10mg	2%	2%
Total Carbohydrate	1g	2%	3%
Total Sugars	1g	2%	3%
Includes Added Sugars	0g	0%	1g
Protein	20g	40%	20%
Vitamin D	0.5 mcg	1%	0.9 mcg
Calcium	100 mg	2%	220 mg
Iron	0.7 mg	1%	0.4 mg
Magnesium	17 mg	4%	34 mg
Chromium (as Chromium Picolinate and Chromium Hydroxide)	250 mcg	74%	500 mcg
Chloride	25 mg	1%	50 mg
Sodium	960 mg	7%	1920 mg
Potassium	200 mg	4%	400 mg
WheyBolic[®] Complex	11.2 g	22.4 g	
BCAA	7.5g	15g	
L-Leucine (from L-Leucine, Whey Protein Isolate, Hydrolyzed Whey Protein)	5g	10g	
L-Isoleucine (from Whey Protein Isolate, Hydrolyzed Whey Protein, Microencapsulated L-Isoleucine)	1.25g	2.5g	
L-Valine (from Whey Protein Isolate, Microencapsulated L-Valine, Hydrolyzed Whey Protein)	1.25g	2.5g	
Glutamic Acid and Glutamine (from Whey Protein Isolate, Hydrolyzed Whey Protein)	3g	6g	
Velositol [®] Antigen-Free Chromium Complex	500 mg	1g	
Proteinase-L Protease Enzyme Blend (Proteases from <i>Bacillus subtilis</i> and <i>Ananas comosus</i>) (10,000 HUT/200 mg; 140,000 HUT/400 mg)	200 mg	400 mg	
Thermo Rippled Matrix	568 mg	114 g	
Caffeine Anhydrous	75 mg	150 mg	
Water Balance Blend	160 mg	320 mg	
Isobutyl Alcohol (a paracetamol effluents), Hawthorne Extract (<i>Crataegus pinnatifida</i>), Potassium Chloride, Hibiscus Flower Powder (<i>Hibiscus sabdariffa</i>), Use the Leaves Powder (<i>Arctostaphylos uva-ursi</i>) L-Carnitine (as L-Carnitine Tartrate)	333 mg	666 mg	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: WheyBolic[®] Protein Complex (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural and Artificial Flavors, Chocolate Flavored Spinulines Gum, Corn Starch, Vegetable Oil (Palm Kernel Oil and/or Palm Oil), Cocoa Processed with Alkali, Soy Lecithin, Dextrin, Confectioner's Glaze, Natural and Artificial Flavor, Carmelita Wax, Creamer (Sunflower Oil, Corn Syrup Solids, Sorbitol, Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Sodium Citrate, Lecithin, Nonfat Dry Milk, Dipotassium Phosphate, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Titanium Dioxide, Acesulfame Potassium, Caramel Color.

CONTAINS: Milk and Soybeans.
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition, discontinue use two weeks prior to surgery.
2 scoops supply 150 mg of caffeine.
Gluten Free.
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.
Significant product settling may occur.
Proteinase-L is a trademark of Overland Enzymes, Inc.
Velositol[®] and its associated logo is a trademark of Nutrition 21, LLC. Velositol[®] is patent protected.
* An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary blend of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.
* When used in conjunction with an exercise program.
* In an 8-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in muscle strength and muscle endurance compared to the control group.
* In a randomized, double-blind crossover clinical trial that included 20 recreationally trained, healthy male subjects, those taking 10 g whey protein isolate plus 10 g leucine immediately post-workout showed significant increases in key protein (p0056 & p056) associated with muscle protein synthesis.

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

SUPERIOR PERFORMANCE PROTEIN
Enhanced with More **LEUCINE & BCAA** than Standard Whey Protein
Elevated Muscle Fuel with a Premium 4:1:1 BCAA Ratio for Muscle Growth & Recovery**
Features Only Premium, Ultra-Pure, Fast-Absorbing Protein
Only Whey Hydrolysates and a Clinical Core of Whey Isolate & Leucine to Improve Strength & Post-Training Anabolic Response***
Enhanced with VELOSITOL[®] & PHOSPHOLIPASE
To Accelerate Muscle Protein Synthesis & Absorption of Amino Acids for Efficient Use by Muscles**
Featuring a THERMO RIPPED MATRIX with CAFFEINE, L-CARNITINE & Key ELECTROLYTES
Supporting Intense Energy, Mental Focus, Fatty Acid Metabolism & Superior Hydration**

USAGE BENEFITS
For Pre-Workout & Cardio
Clinically Proven Support for Strength, Performance & Stamina, Plus Energy & Metabolism Support for Superior Results***
For Post-Workout & Cardio
Provides Fast-Absorbing Whey Isolate & Hydrolysates Plus BCAA to Fuel Anabolic Muscle Support & Recovery***
On Non-Training Days & Between Meals
Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles while you Recover from Intense Training while Providing Energy & Metabolism Support**

If it's on our labels, it's in our bags. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Get ripped.



GLUTEN FREE



KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
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