

SUGGESTED USE: As a dietary supplement take one (1) mini-capsule in the morning and one (1) mini-capsule at night, preferably with food and water or as directed by your physician. Repeat the process daily.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO: Soy, gluten, milk, egg, wheat, corn, peanuts, sweeteners, shellfish, sugar.

FREE OF: Artificial fillers, chemicals, binders, preservatives, colors and flavors.

MANUFACTURED
EXCLUSIVELY FOR:

1 Body
5940 S. Rainbow Blvd
Las Vegas, NV 89118

1-844-208-4908 1bodybrand.com



1 Body

MAGNESIUM BISGLYCINATE

FULLY REACTED & NOT BUFFERED
FOR MAXIMUM ABSORPTION†

Essential mineral for:

- Muscle Comfort† —
- Bone Density† —
- Heart Health† —

DIETARY SUPPLEMENT
120 VEGETARIAN MINI-CAPSULES

Supplement Facts

Serving Size 1 Mini-capsule

Servings Per Container 120

	AMOUNT PER SERVING	% DAILY VALUE
Magnesium (as Magnesium Bisglycinate Chelate) [TRAACS®]	200mg	50%

Other Ingredients: Vegetable capsule (Vcaps® Plus)

TRAACS® and Albion Gold Medallion design are registered trademarks of Albion Laboratories, Inc.

- SUPPORT SYNTHESIS OF FATS & CARBOHYDRATES†
- 100% CHELATED WITH TRAACS®
- EASY TO SWALLOW MINI-CAPSULES
- BLOOD SUGAR SUPPORT†
- EASY DIGESTION

