



SYNTRAX®

Matrix® 5.0

SUSTAINED-RELEASE PROTEIN BLEND

- Undenatured Whey Protein, Micellar Casein & Egg Albumin
- Vital Nutrition for Health & Recovery
- Best-Tasting Protein . . . Guaranteed
- Glutamine Peptides
- Mixes Instantly

Cookies & Cream

Net Weight: 5.00 lb (2.27 kg)

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THE PROBLEM: Protein powders that are low in quality, contain fat-inducing maltodextrin, taste horrible, require a blender to mix properly and contain only very fast-acting protein. No doubt that most of these products are cheap, but who wants to gag something down day after day that's neither convenient nor beneficial?

THE SOLUTION: Matrix® protein powders. Taking years to properly formulate, Matrix® solves all of the problems currently afflicting those other low-grade protein powders. Most importantly, we completely stayed away from cheap, inferior protein sources, such as denatured sodium and calcium caseinate. We knew that to be the best, we had to use only the highest-quality protein sources, such as ultrafiltered whey protein, ultrafiltered milk protein, native egg albumin and glutamine peptides. The costs are much higher, but the rewards are significant. These proteins not only taste great, but they are unmatched in their ability to improve overall health as well as build critical bodily tissues and processes.

To make the highest-quality product in the industry, we knew we had to do even more. We decided that we would not settle for anything but the best-tasting protein powder on the market. After countless trials, we arrived at several delicious flavors that are pure ecstasy to consume.

Completing our solution to the problem, Matrix® is thoroughly instantized so that every scoop dissolves perfectly in your favorite beverage. No more disgusting clumps or blenders that dirty your kitchen . . . with Matrix®, you only need a spoon!

Nutrition Facts

Serving Size: 1 Level Scoop (35g)
Servings Per Container: 65

	Amount Per Serving	
Calories	140	
Calories from Fat	20	
	% Daily Value*	
Total Fat	2.5g	4%*
Saturated Fat	1g	5%*
Trans Fat	0g	
Cholesterol	40mg	13%*
Sodium	120mg	5%*
Potassium	210mg	6%*
Total Carbohydrate	6g	2%*
Dietary Fiber	0g	0%*
Sugars	3g	
Protein	23g	46%*

Vitamin A	0%	Vitamin C	0%
Calcium	15%	Iron	2%
Phosphorus	10%	Magnesium	6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Salt Fat	Less than	25g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	3,500mg	3,500mg	3,500mg
Total Carbohydrate	30g	375g	375g
Dietary Fiber	25g	30g	30g
Protein	50g	65g	65g

Calories per gram:
Fat: 9 • Carbohydrate: 4 • Protein: 4

Important Amino Acids Per 100 Grams Of Protein

Arginine*	2.5g
Glutamine*	8.4g
Histidine*	2.1g
Isoleucine†	5.8g
Leucine†	10.3g
Lysine*	8.7g
Methionine*	2.2g
Phenylalanine*	3.6g
Threonine*	6.4g
Tryptophan*	1.9g
Valine*	6.0g

* Essential Amino Acids
† Branched-Chain Amino Acids
• Important Nonessential Amino Acids

INGREDIENTS: Dairy protein blend (whey protein concentrate*, milk protein concentrate*), non-dairy protein blend (hydrolyzed wheat gluten*, egg albumin*), chocolate cookie pieces (enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], sugar, high oleic safflower oil, cocoa [processed with alkali], salt, sodium bicarbonate, chocolate [sugar, chocolate liquor, cocoa butter, anhydrous milk fat, soy lecithin, vanilla], soy lecithin, vanilla), natural and artificial flavors, soy lecithin, salt, acesulfame-K, sucralose.

- Promina™ brand; ultrafiltered and undenatured
- Ultrafiltered and undenatured; includes micellar casein
- Source of glutamine peptides
- Undenatured

SUGGESTED USE: Mix one scoop of Matrix® per 8 oz of water or milk. For those with lower protein needs, one half scoop may be consumed with 4 oz of water or milk. Note the extra calories when combined with milk. Consume Matrix® two to three times per day to satisfy your protein requirements. Remember, the best times for consuming protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Matrix® mixes instantly with a spoon and tastes great . . . GUARANTEE!

This product is packed by weight, not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place.

Notice: Use this product as a food supplement only. Do not use for weight reduction.



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