

In the world of protein beverage powders, the name Nectar® signifies delicious fruit juice flavors. It means ZERO carbs and ZERO fat. It means instant mixability when mixed with water. It means a pure flavor with no strange aftertastes or hints of protein. To put it simply, Nectar® is the de facto image of quality when it comes to protein drinks.

As the symbol of protein excellence, we did not want to limit Nectar® to only fruit juice flavors. We therefore researched long and hard to find other beverage flavors that would be perfectly compatible with the high-quality standards that Nectar® has achieved. After much experimentation and discovery, we developed Nectar® Lattes. Caramel Macchiato, Vanilla Latte and the original decaf Cappuccino highlight the perfect success we had in creating these coffee-flavored protein powders. With all of the taste characteristics of a barista-made coffee and with no off-note flavors, Nectar® Lattes is sure to please the most discriminating coffee drinker.

SUGGESTED USE: Vigorously mix 2 oz of water or milk per serving (1/4 scoop) of Nectar® Lattes for 30–60 seconds. One full scoop, providing 23 g of protein, 0 g of fat and 0 g of sugar, may be mixed with 8 oz of water or milk. Note the extra calories when combined with milk. Consume the desired number of servings two to three times per day to satisfy your protein requirements. Remember, the best times for supplementing protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar® Lattes mixes instantly with a spoon and tastes great . . . GUARANTEED!

Notice: Use this product as a food supplement only. Do not use for weight reduction.



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SYNTRAX®



Nectar®

Lattes®

WHEY PROTEIN ISOLATE

Mixes Instantly
 Zero Carbs; Zero Fat
 Promina™ Whey Isolate
 Robust Latte Flavor
 Lactose & Gluten Free



VANILLA LATTE

Net Weight: 32.0 oz (2.00 lb) (907 g)

Nutrition Facts

Serving Size: 1/4 Scoop (7g)
Servings Per Container: 130

Amount Per Serving		
Calories	25	
Calories from Fat	0	
% Daily Value*		
Total Fat	0g	0%*
Saturated Fat	0g	0%*
Trans Fat	0g	
Cholesterol	0mg	0%*
Sodium	15mg	1%*
Potassium	55mg	2%*
Total Carbohydrate	0g	0%*
Dietary Fiber	0g	0%*
Sugars	0g	
Protein (23g per scoop)	6g	12%*

Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	0%
Phosphorus	2%	Magnesium	0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Important Amino Acids Per 100 Grams Of Protein

Arginine•	2.4g
Glutamine•	7.4g
Histidine*	1.7g
Isoleucine‡*	6.7g
Leucine‡*	11.9g
Lysine*	9.7g
Methionine*	2.0g
Phenylalanine*	3.3g
Threonine*	7.2g
Tryptophan*	2.1g
Valine‡*	6.2g

• Essential Amino Acids
‡ Branched-Chain Amino Acids
* Important Nonessential Amino Acids

One Scoop of Nectar® Lattes Contains:		
Protein	Fat	Sugar
23g	0g	0g

This product is packed by weight, not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place.

INGREDIENTS: Whey protein isolate (milk)*, pure coffee, natural and artificial flavors, soy lecithin, coffee extract, acesulfame-K, sucralose.

* Promina™ brand; ultrafiltered and undenatured; includes beta lactoglobulin, alpha lactalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, protease peptone, lactoferrin, lactoperoxidase.