

Suggested Use. As a dietary supplement, to support important functions in the body that promote restful sleep, and a sense of calm, comfort, and well-being. Helps relieve emotional and physical distress.

Initial Dosing – take one (1) capsule, twice daily.

Subsequent Dosing – continue initial dosing, or increase to two (2) capsules, twice daily, for extra-strength.

Personal Dosing – take up to six (6) capsules throughout the day (1 or 2 at a time).

For restful sleep – take one (1) capsule before bedtime, or two (2) capsules for extra-strength.

*Increased benefits are typically seen over time with daily use.**

Warnings. Keep out of reach of children. Do not exceed recommended dose. Do not purchase if seal is broken or missing. Protect from heat, light and moisture. Store tightly in a cool, dry place. Please consult your health care practitioner before taking this product with regard to any questions you may have or if you are pregnant, nursing, taking any medication, or have a medical condition.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

bringing balance back to life™

PONDERA.

DEEPAK CHOPRA

ENDORPHINATE® CF



Promotes Relief from
Emotional and Physical Distress
By Enhancing Healthy Endorphin Functioning*

Calm + Well-Being + Restful Sleep*

Dietary Supplement • 60 Vegetarian Capsules



Supplement Facts

Serving Size: 1 Vegetable Capsule

Servings Per Container: 60 servings

	Amount Per Serving	% Daily Value
Magnesium (as magnesium sulfate and magnesium glycyl glutamine)	20 mg	5%
Proprietary Blend:	697.5 mg	**
N-Acetyl Cysteine, L-Theanine (Suntheanine®), Lemon Balm, Rhodiola Rosea extract 4% Extract (standardized to 4% rosavins), Ashwagandha Extract (Sensoril™), Ginkgo Biloba Extract (24% ginkgo flavonol glycosides, 6% terpene lactones and <5 ppm ginkgolic acid), Coleus Forskolin Root Extract (standardized to 10% forskolin) [caffeine-free]		
** Daily value not established.		

Other ingredients: Vegetable cellulose (capsule shell), rice bran, magnesium stearate, silica.

This product contains no milk, egg, fish, peanuts, crustacean shellfish, soybeans, tree nuts, wheat, gluten, corn, sugar or any artificial sweeteners, flavors, colors, or preservatives.

Suntheanine® is a registered trademark of Taiyo International, Inc. US patent Nos. 68311036, 589566, 6297280. Sensoril® is a trademark of Natreon, Inc. and is protected under U.S. Patent 6,713,092. Endorphinate® is a registered trademark of and is manufactured for and distributed by Pondera Pharmaceuticals, Inc., 209 Chadsey Road, Pownal ME 04069 pursuant to U.S. pending patent 12973839.