

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take one pack 30 minutes before breakfast and one pack 30 minutes before dinner with 8 ounces of water.

WARNING: If you are pregnant or breastfeeding, or if you are taking any prescription medication, consult a physician prior to use. Excessive consumption may impair ability to drive or operate heavy machinery. Not recommended for consumption with alcoholic beverages.

RELORA® Relora® is a registered trademark of InterHealth, N.I.

¶SuperCitrimax® and ChromeMate® are trademarks of InterHealth, N.I.

¶Zychrome® brand Chromium Dinicocysteinate

ZYCHROME® Zychrome® is a trademark of InterHealth N.I.

MERATRIM™ Meratrim™ brand proprietary blend of two natural plant extracts.
Meratrim™ is exclusively distributed by InterHealth N.I

capsimax™ Capsimax™ is a trademark of OmniActive Health Technologies.

**U.S. Patent No. US 6,582,735.



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KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.

†Supports weight management as part of a healthy lifestyle including reduced calorie intake and regular exercise.

Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula # 66865

Metabolic Management Pack

Multinutrient Convenience Pack

Dietary Supplement

Nutritional Support for Healthy
Weight Management††



60 Packs

Supplement Facts

Serving Size 1 Pack
Each Pack contains 2 Softgels and 3 Capsules
Servings Per Container 60

Amount Per Serving	%DV	Amount Per Serving	%DV
Calories.....	9	Garcinia cambogia extract (fruit) ..	500 mg *
Total Fat.....	1g 2%^	(^{SupChrome}) supplying:	
		(-) hydroxycitric acid (HCA)	300 mg *
Thiamine	5 mg 333%	Proprietary Herbal Blend.....	200 mg *
Riboflavin	5 mg 294%	Green Tea Extract (leaf/shoot),	
Niacinamide	5 mg 25%	<i>Eleutherococcus senticosus</i> (root),	
Vitamin B-6	5 mg 250%	Cayenne (Fruit), Gotu Kola (Aerial parts),	
(from Pyridoxine HCl)		Beet Powder (Root), Fo-Ti root powder	
Folic Acid.....	100 mcg 25%	(<i>Polygonum multiflorum</i>), Wood Betony	
Vitamin B-12	50 mcg 833%	(Leaf/Stem), Guarana Extract (Seed) and	
Chromium	200 mcg 167%	Kola Nut (Roasted Seed)	
(from Chromium Polynicotinate/ Dinicocysteinate) [§]		¶Relora®	250 mg *
		(a proprietary blend of a patented**	
Safflower Oil Complex.....	1,000 mg *	extract from <i>Magnolia officinalis</i> [bark]	
Providing		and a proprietary extract from	
Conjugated linoleic Acid.....	770 mg *	<i>Phellodendron amurense</i> [bark])	
Green Tea extract (leaf)	0.5 mg *		
Meratrim™ Proprietary Blend ...	400 mg *		
(<i>Sphaerantus indicus</i> [flower heads]			
extract, <i>Garcinia mangostana</i>			
[fruit rind] extract)			
Capsaicinoids	0.5 mg *		
(from Capsimax™, providing capsaicin,			
dihydrocapsaicin, nordihydrocapsaicin)			

Other Ingredients: Gelatin, hydroxypropyl methylcellulose (capsule), cellulose, dicalcium phosphate, vegetable stearate, glycerin, water, carob extract, titanium oxide, pharmaceutical glaze and silica.