Recommended Dose: Adults and Adolescents (14 years and older): Take 8 drops 2 times daily or as recommended by your health professional. Children (4-13 years): Take 8 drops once daily or as recommended by your health professional. Do not drink directly from the bottle. Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use Keep out of the reach of children. Use only if safety seal is intact. Store in a cool, dry place.



Bio Folic Acid + B₁₂ Liquid

Dietary Supplement

Natural Cherry Flavor

Supports red blood cell function, nutrient metabolism and neurological health

[‡]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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1-888-737-6925

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1 fl oz (30 mL)

Supplement Facts Serving Size 8 Drops (0.34 mL)

	Amount Per Serving	% D
Folate (as folic acid)	667 mcg DFE (400 mcg folic acid)	1679

Servings per Container about 87

Vitamin B₁₂ (as cyanocobalamin) 125 mcg 5,208% Other ingredients: Glycerin, purified water, natural cherry flavor,

potassium sorbate, sodium benzoate, sodium hydroxide, citric acid



Spot UV Location

