PRODUCT INFORMATION: One capsule typically provides Co-enzyme 010

30ma

INGREDIENTS: Proprietary mixture: co-enzyme 0 10 with enzyme digested Saccharomyces cerevisiae (soya); capsule: hydroxypropyl methylcellulose; anti-caking agent: magnesium stearate; anti-caking agent: silicon dioxide: (Allergens in bold)

All True Food® nutrients also contain B vitamins, beta glucans, glutathione, choline, inositol, amino acids and other phytonutrients naturally found in fermented food cultures.

FREE FROM: Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, salt, sugar, starch, wheat.

HIGHER NATURE®

EVERYDAY ESSENTIALS

MAXI CO-Q10



MAXI CO-Q10 FOOD SUPPLEMENT - 60 CAPSULES

- ✓ One a day formula
- ✓ Co-Q10 naturally occurs in all cells, especially the energy intensive cells of heart
- and muscles
 ✓ Our ability to make Co-Q10
 declines with age

DIRECTIONS: Take 1 capsule a day with or between meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE: Store in a cool, dry



Higher Nature Ltd, 10 Discovery Way, Horam, East Sussex TN21 OGE, UK highernature.com



60 capsules