

Manufactured for CHK Nutrition  
3930 E Calvary Rd  
Duluth, MN 55803



*New Day. Fresh Start. Better Health.*

## SUSTAINED RELEASE Melatonin

Supports Restful Sleep<sup>†</sup>

**3 mg**

**90 Vegetarian Tablets**

Dietary Supplement

**Suggested Use:** Take 1 vegetarian tablet 30 minutes before bedtime.


**Note:** If you have any health conditions or are taking any medications, consult your health care practitioner before using this product.

**Keep out of reach of children.**

Store in a cool, dry place.

<sup>†</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Manufactured in a cGMP certified facility.**

Made in USA from domestic and foreign materials 



## Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value
Melatonin	3mg *

\* Daily Value not established

**Other ingredients:** Dicalcium phosphate, modified cellulose, stearic acid (vegetarian source), microcrystalline cellulose, magnesium stearate (vegetarian source), silicon dioxide, aqueous coating (sodium carboxymethylcellulose), croscarmellose sodium.

P254