

Original Colon Cleanse®

SUGGESTED USE: Adults: For persons 150 pounds and more: Take 6 capsules twice daily with 8 oz. of water and drink immediately.

Adults weighing less than 150 lbs and Children (6-12 years): Half the regular adult dosage.

Good For Your Heart

Soluble fiber from foods such as **Psyllium Husk**, as a part of a diet low in saturated fat and cholesterol, **may reduce the risk of heart disease**. Two servings of Colon Cleanse supplies 4 grams of the 7 grams of soluble fiber from Psyllium Husk necessary per day to have this effect.

Suggested use for weight management:

Take six capsules (approx. 4g.) about half an hour before every meal, with at least 8 oz. of water. Psyllium Husk promotes a feeling of fullness, which may help you to eat less at mealtime.* It also provides fiber that helps in good bowel movements, which are essential for weight management.*

Need something stronger? Try our **Super Colon Cleanse®**, a unique combination of Senna Leaf and Psyllium Husk to help with occasional constipation.*

In case of disposal, place in trash and avoid disposal in any plumbing system.

**NEW
LOOK**

HealthPlus
GATEWAY TO BETTER HEALTH
The Original Since 1981

Key Ingredient

**Psyllium
Husk**



Original Colon Cleanse®

Natural Daily Fiber

- Promotes Heart Health*
- Supports Regularity*

Gluten FREE

200 CAPSULES - 625 mg Each
Bulk Forming Dietary Supplement



Supplement Facts

Serving Size: 6 Capsules
Servings Per Container: 33

	Amount Per Serving	%Daily Value
Calories	15	
Total Carbohydrate	3g	1%**
Dietary Fiber	3g	12%**
Soluble Fiber	2g	†
Psyllium Husk	4g	†

**Percent Daily Values are based on a 2000 calorie diet.

† Daily Value not established.

Other Ingredients: Gelatin

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure, treat or prevent any disease.

For California Residents Only. **Warning:** This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

Notice: This dietary supplement should be taken with at least a full glass of liquid. Taking this product without enough liquid may cause choking. Do not use this product if you have difficulty swallowing.

Manufactured by:

HealthPlus
GATEWAY TO BETTER HEALTH



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