

PRODUCT INFORMATION:

1/2 level measure typically provides:

Vitamin C	20mg	%NRV*	25
Vitamin B12	200µg		8,000

*NRV = Nutrient Reference Value

INGREDIENTS: Bulking agent: potato maltodextrin; bulking agent: brown rice flour; vitamin C (as ascorbic acid), sweetener: xylitol; anti-caking agent: silicon dioxide; beetroot powder (acidity regulator: citric acid), berry flavouring (emulsifier: acacia gum), vitamin B12 (as cyanocobalamin), apple powder, cranberry powder.

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, wheat, yeast.

STORAGE: Store in a cool, dry place out of reach of children.

WARNING: Contains xylitol; do not feed to dogs. If consumed, seek veterinary advice.

This product has not been tested on animals.

HIGHER NATURE®

EVERYDAY ESSENTIALS

VITAMIN B12 POWDER

For energy and
psychological function



30g
vegetarian and vegan

**VITAMIN B12 POWDER
FOOD SUPPLEMENT - 30g**

- ✓ Vitamins B12 and C contribute to reduction of tiredness, fatigue and normal psychological function
- ✓ Vitamin B12 contributes to normal red blood cell formation
- ✓ Vegetarians and vegans particularly benefit from extra B12
- ✓ Absorption may decline with age
- ✓ Take under the tongue for better absorption

DIRECTIONS: Take 1 level measure under the tongue every day. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

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