

PRODUCT INFORMATION:

Four tablets typically provide:

Vitamin E (149iu)	100mg α -TE	%NRV* 833
Cinnamon bark extract 30:1 (equivalent to 1020mg cinnamon bark)	34mg	
Red yeast rice	200mg	
Plant sterols	1000mg	

(providing beta sitosterol, campesterol, stigmasterol, beta sitostanol, campestanol, brassicasterol)

*NRV = Nutrient Reference Value

INGREDIENTS: Bulking agent: microcrystalline cellulose; plant sterols, bulking agent: calcium carbonate; red yeast rice powder, anti-caking agents: magnesium stearate, silicon dioxide; vitamin E (as d-alpha tocopheryl succinate), emulsifier: sodium carboxymethyl cellulose; coating: hydroxypropyl methylcellulose (glycerine); cinnamon (*cinnamomum cassia*) bark extract.

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, starch, sugar, wheat, yeast.

WARNING: May cause a temporary and harmless red colouring of the stool. Not to be taken by children, or if pregnant or breastfeeding. Patients on cholesterol reducing medication should only consume this product under medical supervision.

This product has not been tested on animals.

HIGHER NATURE®

BODY HEALTH

RED STEROL COMPLEX

For normal
cholesterol balance



90 tablets
vegetarian and vegan

RED STEROL COMPLEX FOOD SUPPLEMENT - 90 TABLETS

- ✓ With plant sterols
- ✓ A daily intake of at least 0.8g of plant sterols contributes to the maintenance of normal blood cholesterol levels

DIRECTIONS: Take 2 tablets twice a day after meals for 12 weeks, thereafter one tablet twice a day. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle, including regular consumption of fruit and vegetables to help maintain carotenoid levels. The total dietary intake (from foods and supplements) of phytosterols should not exceed 3g a day.

STORAGE: Store in a cool, dry place out of reach of children.

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