SUGGESTED USAGE: As a dietary supplement, adults take 1 capsule daily or as directed by your health professional.

Warning: If you are pregnant, or nursing, or if you are taking any medication, consult your health professional before using this product.

Gluten-free Non-GMO

KEEP OUT OF THE REACH OF CHILDREN.
Store in a cool, dry place.

Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #202434-250-PL-2269935

## PURE

## Magnesium Oxide 500mg



250 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT

## Supplement Facts Serving Size 1 Vegetarian Capsule Servings Per Container 250

Amount Per Serving

Magnesium ......300 mg 71% (from 500 mg magnesium oxide)

%DV

%Daily Value (DV)

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, carnauba wax, ascorbyl palmitate, hydroxypropyl cellulose and silica

Manufactured for: PureFormulas 11800 NW 102nd Road, Suite 2 Miami, FL 33178 www.pureformulas.com