

PUF1036

Suggested Usage: As a dietary supplement, adults take 1 capsule daily or as directed by your health professional.

Warning: If you are pregnant or nursing, or if you are taking any medication, consult your health professional before using this supplement.

Gluten-Free, Non-GMO

KEEP OUT OF THE REACH OF CHILDREN.
Store in a cool, dry place. Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #202236-90-PL-2269935

Live life pure.

PURE
FORMULAS

Magnesium Citrate



90 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Vegetarian Capsule
Servings Per Container 90

	Amount Per Serving	%DV
Magnesium	150 mg	36%
(as magnesium citrate)		
%Daily Value (DV)		

Other Ingredients: Hydroxypropyl methylcellulose (capsule) and ascorbyl palmitate

Manufactured for:
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