

PRODUCT INFORMATION:

One capsule typically provides:
L-theanine

100mg

INGREDIENTS: L-theanine, capsule: hydroxypropyl methylcellulose; bulking agent: cellulose; anti-caking agent: silicon dioxide; anti-caking agent: magnesium stearate.

FREE FROM: Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, salt, soya, starch, sugar, wheat, yeast.

HIGHER NATURE®

MIND HEALTH

L-THEANINE

Find your
inner calm



90 capsules
vegetarian and vegan

THEANINE

FOOD SUPPLEMENT - 90 CAPSULES

- ✓ Theanine is an amino acid found in green tea
- ✓ For relaxation and calm

DIRECTIONS: Adults take 1-2 capsules (children 8 and over 1 capsule) a day at least 30 minutes before meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE: Store in a cool, dry place out of reach of children.



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Higher Nature Ltd, 10 Discovery Way,
Horam, East Sussex TN21 0GE, UKK
highernature.com



This product has not been tested on animals.