

NOTICE: Color, size or shape may appear different between lots.

Does not contain gluten.

STORE AT ROOM TEMPERATURE.  
KEEP OUT OF REACH OF CHILDREN.

Item# CM1090-PL-6



PUF1204

*Live life pure.™*

**PURE  
FORMULAS™**

## Pure Mineral Complete



**90 VEGETARIAN CAPSULES**  
DIETARY SUPPLEMENT

### Supplement Facts

Serving Size 3 capsules

Servings Per Container 30

| Amount Per Serving                              |         | % Daily Value |
|-------------------------------------------------|---------|---------------|
| Calcium (as DimaCal® Di-Calcium Malate)         | 200 mg  | 15%           |
| Iodine (as Potassium Iodide)                    | 150 mcg | 100%          |
| Magnesium (as Di-Magnesium Malate)              | 200 mg  | 48%           |
| Zinc (as Zinc Bisglycinate Chelate)             | 20 mg   | 182%          |
| Selenium                                        | 150 mcg | 273%          |
| (as Selenium Glycinate Complex)                 |         |               |
| Copper                                          | 2 mg    | 222%          |
| (TRAACS® Copper Bisglycinate Chelate)           |         |               |
| Manganese                                       | 2 mg    | 87%           |
| (TRAACS® Manganese Bisglycinate Chelate)        |         |               |
| Chromium                                        | 200 mcg | 571%          |
| (TRAACS® Chromium Nicotinate Glycinate Chelate) |         |               |
| Molybdenum                                      | 150 mcg | 333%          |
| (TRAACS® Molybdenum Glycinate Chelate)          |         |               |
| Potassium                                       | 150 mg  | 3%            |
| (as Potassium Glycinate Complex)                |         |               |
| Boron (as Bororganic Glycine)                   | 2 mg    | *             |
| Vanadium                                        | 100 mcg | *             |
| (TRAACS® Vanadium Nicotinate Glycinate Chelate) |         |               |

\*Daily Value not established.

**Other Ingredients:** Cellulose (capsule), vegetable stearate, microcrystalline cellulose.

**SUGGESTED USAGE:** As a dietary supplement, take three capsules per day, or as directed by your health care practitioner.

DimaCal®, TRAACS® and the Albion Medallion design are registered trademarks of Albion Laboratories, Inc. Malate covered by U.S. Patent 6,706,904.



Manufactured for:  
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