

Directions: Take four capsules per day or as directed by your healthcare practitioner.

PureMulti for Men is a comprehensive multiple vitamin, mineral and herbal supplement with select amino acids, designed specifically for the unique nutritional requirements of men.*

This foundation multiple formula, in easy-to-swallow vegetable capsules, delivers select nutrients to support the prostate, liver, and adrenals along with broad-spectrum antioxidant protection.* It also features patented Albion® TRAACS® amino acid chelates for optimal mineral absorption.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Excess vitamin A intake may be toxic and may increase the risk of birth defects. It is also recommended that children under four should not regularly consume more than 2,500 IU per day. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

This Formula Meets or Exceeds cGMP Quality Standards.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

 Albion®, †TRAACS®, ††DimaCal®, and the Albion Gold Medallion design are registered trademarks of Albion Laboratories, Inc. Malate covered by U.S. Patent 6,706,904 and patents pending.

To report a serious adverse event, call: 866.787.5175.



 Vegetarian
v20.0A-47537NM131

Live life pure.™

**PURE
FORMULAS®**

PureMulti for Men

Nutritional Support for Men*

**120 VEGETABLE CAPSULES
DIETARY SUPPLEMENT**

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (75% [7,500 IU] natural mixed carotenoids, 25% [2,500 IU] retinyl palmitate)	200%	Selenium (as selenium chelate)	100 mcg 142%
Vitamin C (as magnesium ascorbate, zinc ascorbate, potassium ascorbate and calcium ascorbate)	417%	Manganese (as manganese bisglycinate chelate)†	500 mcg 25%
Vitamin D3 (as cholecalciferol)	100%	Chromium (as chromium nicotinate glycinate chelate)†	500 mcg 417%
Vitamin E (as d-alpha tocopherol succinate)	333%	Molybdenum (as molybdenum glycinate chelate)†	50 mcg 66%
Thiamin (Vitamin B1) (as thiamin mononitrate)	20 mg 1,333%	Potassium (as potassium citrate, potassium ascorbate)	90 mg 2%
Riboflavin (Vitamin B2) (as riboflavin-5'-phosphate, riboflavin)	20 mg 1,176%	Pumpkin (Cucurbita pepo) (seed, oil) extract	50 mg **
Niacin (as niacin and niacinamide)	60 mg 300%	Saw Palmetto (Serenoa repens) (berry) extract	50 mg **
Vitamin B6 (as pyridoxal-5'-phosphate)	20 mg 1,000%	N-Acetyl L-Carnitine hydrochloride	50 mg **
Folate (as folic acid)	800 mcg 200%	N-Acetyl L-Cysteine (NAC)	50 mg **
Vitamin B12 (as methylcobalamin)	600 mcg 10,000%	Choline (as choline bitartrate)	40 mg **
Biotin (as d-calcium pantothenate)	1,000 mcg 333%	Inositol	40 mg **
Pantothenic Acid (as d-calcium pantothenate)	200 mg 2,000%	Glycine	30 mg **
Calcium (as calcium bisglycinate chelate†, di-calcium malate†† microcrystalline hydroxyapatite concentrate, calcium ascorbate)	100 mg 10%	L-Taurine	30 mg **
Phosphorus (as pyridoxal-5'-phosphate, riboflavin-5'-phosphate)	4 mg <1%	Tribulus terrestris (fruit) extract	30 mg **
Iodine (as potassium iodide)	100 mcg 66%	L-Glutamic Acid	25 mg **
Magnesium (as magnesium bisglycinate chelate buffered†, di-magnesium malate and magnesium ascorbate)	200 mg 50%	L-Alanine	25 mg **
Zinc (as zinc bisglycinate chelate†, zinc ascorbate)	15 mg 100%	Asian Ginseng (Panax ginseng) (root)	25 mg **
		L-Lysine hydrochloride	20 mg **
		Para-Aminobenzoic Acid (PABA)	20 mg **
		Rutin	16 mg **
		Hesperidin	16 mg **
		Quercetin	12 mg **
		R-Alpha Lipoic Acid	10 mg **
		Luften	75 mcg **

**Daily Value not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium oxide (buffering agent), magnesium stearate (vegetable), silica.
Distributed by: **PureFormulas** | 31800 NW 102nd Road, Suite 2
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