

Directions: Take four capsules once per day or as directed by your healthcare practitioner.

PureMulti for Women is a comprehensive multiple vitamin, mineral and herbal supplement, with select amino acids, designed specifically to support the unique nutritional requirements of women.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and those who may become pregnant should not exceed 1,500 mcg RAE (5,000 IU) of pre-formed vitamin A (retinyl palmitate or retinyl acetate) per day. It is also recommended that children under four should not regularly consume more than 750 mcg RAE (2,500 IU) per day. Keep out of reach of children. **Storage:** Keep tightly closed in a cool, dry place. **This Formula Meets or Exceeds cGMP Quality Standards. Does Not Contain:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.



Albion®, ††TRAACS®, ††DimaCal®, †Ferrochel® and the Albion Gold Medallion design are registered trademarks of Albion Laboratories, Inc. Malate covered by U.S. Patent 6,706,904 and patents pending.



†††Quatrefolic® 5-MTHF. Quatrefolic® is trademarked by Gnosis S.p.A. Patent No. 7,947,662.

Sourced from non-GMO ingredients.

To report a serious adverse event, call: 866.787.5175.



Vegetarian
 Gluten-Free

Live life pure.™

**PURE
FORMULAS™**

PureMulti for Women

Nutritional Support for Women*

120 VEGETABLE CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (85% [8,500 IU] retinyl palmitate, 15% [1,500 IU] natural mixed carotenoids) (10,000 IU)	333%	Zinc (as zinc bisglycinate chelate†, zinc ascorbate)	15 mg 136%
Vitamin C (as magnesium ascorbate, zinc ascorbate, potassium ascorbate and calcium ascorbate)	250 mg 278%	Selenium (as selenium chelate)	100 mcg 182%
Vitamin D3 (as cholecalciferol) (400 IU)	10 mcg 50%	Manganese (as manganese bisglycinate chelate)†	0.5 mg 22%
Vitamin E (as d-alpha tocopherol succinate) (100 IU)	67 mg 447%	Chromium (as chromium nicotinate glycinate chelate)†	500 mcg 1,425%
Thiamin (Vitamin B1) (as thiamin mononitrate)	20 mg 1,667%	Molybdenum (as molybdenum glycinate chelate)†	50 mcg 111%
Riboflavin (Vitamin B2) (as riboflavin-5'-phosphate, riboflavin)	20 mg 1,538%	Potassium (as potassium citrate, potassium ascorbate)	99 mg 2%
Niacin (as niacin and niacinamide)	60 mg 375%	Microcrystalline Hydroxyapatite Concentrate (MCHC)	130 mg **
Vitamin B6 (as pyridoxal-5'-phosphate)	20 mg 1,176%	Inositol	60 mg **
Folate (as 200 mcg 6(S)-5-methyltetrahydrofolic acid, glucosamine salt)†††	340 mcg DFE 85%	N-Acetyl L-Carnitine hydrochloride	50 mg **
Vitamin B12 (as methylcobalamin)	600 mcg 25,000%	N-Acetyl L-Cysteine (NAC)	50 mg **
Biotin (as methylcobalamin)	1,000 mcg 3,333%	L-Taurine	30 mg **
Pantothenic Acid (as d-calcium pantothenate)	200 mg 4,000%	Asian Ginseng (Panax ginseng) (root)	25 mg **
Choline (as choline bitartrate)	60 mg 11%	Red Clover (Trifolium pratense) (flower)	25 mg **
Calcium (as calcium bisglycinate chelate buffered†, di-calcium malate††, microcrystalline hydroxyapatite concentrate, calcium ascorbate)	100 mg 8%	Cranberry (Vaccinium macrocarpon) (berry)	25 mg **
Iron (as ferrous bisglycinate chelate)†	5 mg 28%	Para-Aminobenzoic Acid (PABA)	20 mg **
Phosphorus (as pyridoxal-5'-phosphate, riboflavin-5'-phosphate)	10 mg 1%	L-Lysine (hydrochloride)	20 mg **
Iodine (as potassium iodide)	150 mcg 100%	Rutin	16 mg **
Magnesium (as magnesium bisglycinate chelate buffered†, di-magnesium malate and magnesium ascorbate)	200 mg 48%	Chamomile (Matricaria recutita L.) (flower)	15 mg **
		Chastity (Vitellaria cactus) (berry) extract (4:1)	15 mg **
		Wid'um (Dioscorea villosa) (root) extract	15 mg **
		Quercetin	12 mg **
		H-Alpha Lipic Acid	10 mg **
		Lutein	75 mcg **

**Daily Value not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium oxide (buffering agent), magnesium stearate (vegetable), silica.

Distributed by: **PureFormulas** | 11800 NW 102nd Road, Suite 2
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